

WDSF-Figurenkatalog

Einleitung

Der WDSF Figurenkatalog stellt eine Liste der Grundfiguren und Aktionen dar, die in jedem Turnier mit begrenztem Figurenkatalog (basic-only) verwendet werden dürfen.

Der Figurenkatalog ist für alle Kinder I und Kinder II Turniere bindend.

Der Hauptgrund für eine solche Figurenliste ist das Einschränken der Menge von Figurenmaterial für Kinder und Anfänger, sodass mehr Beachtung auf die Beherrschung von grundlegenden Bewegungsabläufen, Technik und rhythmischem Aufbau der jeweiligen Tänze gelegt werden kann. Der neue WDSF Figurenkatalog ist modernisiert und erweitert worden und ermöglicht viele neue Figurenverbindungen.

Es ist strikt untersagt, eine Figur zu verwenden, die nicht in der Liste enthalten ist.

Auf nationaler Ebene kann der Figurenkatalog strenger sein (weniger Figuren enthalten). Es wird empfohlen, dass alle **WDSF Mitgliedsverbände den WDSF Figurenkatalog als ihren „Nationalen Figurenkatalog“ übernehmen.** Das würde für die Paare in den Startklassen, in denen die Schrittbegrenzung gilt, bei internationalen Turnieren die Teilnahme vereinfachen.

Die Figuren im Figurenkatalog sind mit den Namen aufgeführt, unter denen sie in den WDSF Technikbüchern stehen. Wenn die Figuren unter einem anderen allgemein üblichen Namen bekannt sind, wird dieser in Klammern angegeben.

Einige Figuren und Aktionen sind hinzugefügt worden, die nicht unter dem jeweiligen Tanz in den WDSF Technikbüchern stehen. Der Grund dafür ist, mehr Möglichkeiten für Choreographien innerhalb der Schrittbegrenzung an die Hand zu geben. Die hinzugefügten Figuren oder Aktionen sind dann bereits Teil des Figurenkataloges in einem anderen Tanz. Hinweise dazu gibt es in dem Technikbuch, in dem die Figur beschrieben ist.

Von jeder Figur sind der erste Schritt (Start) und der letzte Schritt (Ende) beschrieben. Das ermöglicht eine einfachere Kombination der Figuren.

Der Grundrhythmus wird ebenfalls aufgeführt. Die unterhalb jeder Figur angegebenen NOTES beschreiben die möglichen alternativen Timings.

Jede Veränderung der Figuren, die erlaubt ist, wird in den NOTES unterhalb der Figuren angegeben. Nur die NOTES, die für die choreographischen Möglichkeiten relevant sind, werden aufgeführt. **Alle technischen Details müssen aus den WDSF Technikbüchern bezogen werden.** Teile einer Figur dürfen verwendet werden, wenn sie in den NOTES so beschrieben sind. **Es ist nicht erlaubt, Figuren beliebig aufzuteilen und so in Teilen zu verwenden.**

VORHER und NACHER sind nicht vorgegeben. Es kann Bezug genommen werden auf die **„Kreuzverweis Tabelle“ in den WDSF Technikbüchern.**

Beim Erstellen einer Choreographie ist jede Kombination von Figuren aus dem Figurenkatalog erlaubt, sofern die technische Beschreibung und die NOTES beachtet werden. Die Drehungsumfänge, die in den WDSF Technikbüchern vorgegeben werden, sind ein Leitfaden und können leicht verändert werden, wenn es zum Erstellen der Choreographie notwendig erscheint.

Es dürfen keine Teile von Figuren hinzugefügt oder weggelassen werden, es sei denn, es ist in den NOTES speziell erlaubt.



WDSF Syllabus

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1 Introduction

The WDSF Syllabus represents a list of basic figures and actions that may be used in any competition with restricted Syllabus (basic- only).

It is obligatory for all Juvenile I and Juvenile II competitions.

The main reason for having a list of figures is to restrict the amount of the choreographic material for children and beginners, so there can be more attention given to mastering the basic mechanics, technique, and rhythmical structures of each dance. The new WDSF Syllabus has been modernized and expanded and gives many new possible combinations of figures.

It is strictly not allowed to use any figure that is not on the list.

On a national level the syllabus can be stricter (containing fewer figures). It is recommended that all **WDSF member bodies adopt the WDSF Syllabus as their national Syllabus**. That would simplify the participation in the international competitions for all competitors in basic categories.

The figures in the Syllabus are listed by the name they have in the WDSF Technique Books. If the figures are popularly known by another name, that name is given in the brackets.

Some figures and actions are added, that are not in the WDSF books for the dance in question. The reason for this is to give more options when constructing basic choreography. The figures or actions added are those that are already part of the syllabus in another dance. The reference is given to the book where the figure is described.

Each figure has a description of the first step (Start) and last step (Finish). This is to assist in easier combinations of the figures.

The basic timing is also given. The notes below each figure give you the alternative possible timings.

Any changes to the figures that are allowed are given in the **NOTES** below the figure. Only the notes that are relevant to the choreographic possibilities are given. **For all the technical details you have to refer to the WDSF Technique Books**. Parts of a figure may be used if so described in the notes. **You are not allowed to freely cut a figure into parts and use them.**

The precedes and follows are not given. You may refer to a **cross reference table in the WDSF Technique Books**.



When constructing choreography any combination of syllabus figures is allowed, as long as the technical description and the notes are respected. The Quantities of Turn given in the WDSF Technique Books are a guideline and may change slightly when necessary in order to construct choreography.

You may not add or take away parts of the figure, unless that is specifically allowed in the notes.

2 List of Figures in Standard

2.1 Waltz

- Closed Change on RF
- Closed Change on LF
- Natural Turn
- Reverse Turn
- Progressive Chasse to R
- Whisk
- Back Whisk
- Outside Change
- Basic Weave
- Chasse from PP
- Backward Lock
- Open Natural Turn
- Hesitation Change
- Natural Spin Turn
- Double Reverse Spin
- Telemark
- Telemark to PP
- Weave from PP
- Impetus
- Impetus to PP
- Drag Hesitation
- Outside Spin
- Natural Turning Lock
- Reverse Turning Lock
- Wing
- Wing from PP
- 27.Cross Hesitation from PP
- Reverse Pivot
- Fallaway Natural Turn
- Running Weave from PP
- 31.Running Spin Turn
- Overturned Running Spin Turn



- Running Cross Chasse
- Fallaway Reverse and Slip Pivot
- Hover Corte
- Curved Feather
- Running Finish
- Outside Swivel
- Progressive Chasse
- Bounce Fallaway Weave Ending
- Quick Open Reverse

For easier construction of basic choreography each figure has a description of the starting and finishing position (Man) and the timing. All the variations of the figure that may be used in choreography are described in the notes. When the figure is also known by another name, that name is given in the brackets.

2.1.1 CLOSED CHANGE ON RF

Start: RF fwd (Closed Position)

Finish: RF closes to LF (Closed Position)

Timing: 123

2.1.2 CLOSED CHANGE ON LF

Start: LF fwd (Closed Position)

Finish: LF closes to RF

Timing: 123

2.1.3 NATURAL TURN

Start: RF fwd (Closed Position)

Finish: LF closes to RF

Timing: 123 123

NOTE - General: Steps 1-3 or 4-6 only may be used

NOTE- Foot Placement/Couple Position: May start with RF fwd in CBMP in Outside Partner Position. If steps 4-6 only are used, step 4 may start LF bwd in CBMP in Outside Partner Position.



2.1.4 REVERSE TURN

Start: LF fwd (Closed Position)

Finish: RF closes to LF

Timing: 123 123

NOTE - General: Steps 1-3 or 4-6 only may be used

NOTE- Foot Placement/Couple Position: May start with LF fwd in CBMP in Wing Position.

2.1.5 PROGRESSIVE CHASSE TO R

Start: LF fwd and slightly to side (Closed Position)

Finish: RF to side and slightly bwd (Closed Position)

Timing: 12&3

NOTE- Foot Placement/Couple Position: May start with LF fwd in CBMP in Wing Position.

2.1.6 WHISK

Start: LF fwd (Closed Position)

Finish: LF crosses behind RF (Promenade Position)

Timing: 123

NOTE - Quantity of Turn: may turn up to $\frac{1}{4}$ to L

NOTE - Foot Placement/Couple Position: may start LF fwd in Wing Position

2.1.7 BACK WHISK

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF crosses behind RF (Promenade Position)

Timing: 123

NOTE - Quantity of Turn: May be turned up to $\frac{3}{8}$ to R

NOTE-Foot Placement/Couple Position: may start LF bwd in Closed Position



2.1.8 OUTSIDE CHANGE

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123

NOTE - Foot Placement/Couple Position: may end in Promenade position. It may start LF Bwd in Closed Position.

2.1.9 BASIC WEAVE

Start: RF bwd (Closed Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123 123

NOTE - General: steps 1-3 or 4-6 only may be used.

NOTE-Couple Position: may end in Promenade Position

2.1.10 CHASSE FROM PP

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 12&3

2.1.11 BACKWARD LOCK

Start: LF bwd in CBMP (Outside Partner Position)

Finish: RF diag, bwd (Closed Position)

Timing: 12&3

NOTE - Foot Placement/Couple Position: may start LF bwd in Closed Position



2.1.12 OPEN NATURAL TURN

Start: RF fwd and across in CBMP (Promenade Position)

Finish: RF bwd R Side leading (Closed Position)

Timing: 123

NOTE - Foot Placement/Couple Position: may start RF fwd in CBMP in Outside Partner position

2.1.13 HESITATION CHANGE

Start: LF bwd and slightly to side (Closed Position)

Finish: LF closes to RF w/o weight-weight on RF (Closed Position)

Timing: 123

NOTE - Foot Placement/Couple Position: may start LF bwd in CBMP in Outside Partner Position

2.1.14 NATURAL SPIN TURN

Start: RF fwd (Closed Position)

Finish: LF bwd and slightly to side (Closed Position)

Timing: 123 123

NOTE - Foot Placement/Couple Position: it may start RF fwd in CBMP in Outside Partner Position

NOTE - Quantity of Turn: may be underturned to end backing DC against LOD or overturned to end almost backing LOD

2.1.15 DOUBLE REVERSE SPIN

Start: LF fwd and slightly to side (Closed Position)

Finish: Weight on RF

Timing: 123 (12&3 Lady)

NOTE - Quantity of Turn: may turn between $\frac{3}{4}$ and 1 full turn to L

NOTE- Timing: alternative timing of 123& may be used for the Lady



2.1.16 TELEMARK

Start: LF fwd and slightly to side (Closed Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123

NOTE -Foot Placement/ Couple Position: it may start LF Fwd in CBMP in Wing Position

2.1.17 TELEMARK TO PP

Start: LF Fwd and slightly to side (Closed Position)

Finish: LF to side (Promenade Position)

Timing: 123

NOTE -Foot Placement/ Couple Position: it may start LF fwd in CBMP in Wing Position

2.1.18 WEAVE FROM PP

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123 123

NOTE - General: steps 1-3 or 4-6 only may be used.

NOTE - Couple Position: may end in Promenade position

2.1.19 IMPETUS

Start: LF bwd and slightly to side (Closed Position)

Finish: LF to side and slightly Bwd (Closed Position)

Timing: 123

NOTE - Foot Placement/ Couple Position: it may start LF Bwd in CBMP in Outside Partner Position



2.1.20 IMPETUS TO PP

Start: LF Bwd and slightly to side (Closed Position)

Finish: LF diag Fwd L side leading (Promenade Position)

Timing: 123

NOTE - Foot Placement/ Couple Position: it may start LF Bwd in CBMP in Outside Partner Position

2.1.21 DRAG HESITATION

Start: LF Fwd and slightly to side (Closed Position)

Finish: LF closes to RF w/o weight, weight on RF (Closed Position)

Timing: 123

NOTE - Foot Placement/ Couple Position: may start LF Fwd in CBMP in Wing Position

2.1.22 OUTSIDE SPIN

Start: LF Bwd in CBMP (small step)

Finish: LF to side

Timing: 123

NOTE - Quantity of Turn: may be underturned (no Pivot on step3) in which case the exit is RF bwd into any suitable figure

2.1.23 NATURAL TURNING LOCK

Start: RF bwd with R side leading (Closed Position)

Finish: LF diag. fwd L side leading (Promenade Position)

Timing: 1&23

NOTE - Couple Position/ Foot Placement: may end in Closed Position, the following step is taken RF fwd in CBMP in Outside Partner Position.

NOTE- Quantity of Turn/ Couple Position: may overturn to end backing DC in Closed position.



2.1.24 REVERSE TURNING LOCK

Start: RF bwd with R side leading (Closed Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 1&23

NOTE - Couple Position: may end in Promenade Position

2.1.25 WING

Start: RF fwd in CBMP (Outside Partner Position)

Finish: LF closes to RF w/o weight, weight on RF (Wing Position)

Timing: 1 (23)

2.1.26 WING FROM PP

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF closes to RF w/o weight, weight on RF (Wing Position)

Timing: 1 (23)

2.1.27 CROSS HESITATION FROM PP

Start: RF fwd in CBMP (Promenade Position)

Finish: Weight on RF

Timing: 1 (23)

NOTE - Quantity of Turn: may turn up to ¼ to L (Man)

2.1.28 REVERSE PIVOT

Start: RF diag, bwd outside Lady's LF (Closed Position)

Finish: weight on RF (Closed Position)

Timing: &



2.1.29 FALLAWAY NATURAL TURN

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123 123

NOTE - Foot Placement/ Couple Position: may start RF fwd in CBMP in Outside Partner position. It may end in Promenade Position.

2.1.30 RUNNING WEAVE FROM PP

Start: RF fwd and across in CBMP (Promenade Position)

Finish: RF crosses behind LF (Closed Position)

Timing: 1&23 123

NOTE - General: steps 1-4 or 5-7 only may be used.

NOTE-Foot Placement/ Couple Position: May start RF fwd in CBMP in Outside Partner Position

NOTE - Timing: alternative timing of 12&3 may be used on steps 1-4.

2.1.31 RUNNING SPIN TURN

Start: RF fwd (Closed Position)

Finish: RF bwd R side leading (Closed Position)

Timing: 123 1&23

NOTE - Timing: alternative timing of 123 112&3 may be used.

NOTE-Foot Placement/ Couple Position: May start RF fwd in CBMP in Outside Partner Position



2.1.32 OVERTURNED RUNNING SPIN TURN

Start: RF fwd (Closed Position)

Finish: LF closes to RF w/o weight, weight on RF (Wing Position)

Timing: 123 1&23 12&3

NOTE - Couple Position/ Timing: From step 8 (instead of quick Wing) both partners may dance two steps fwd in Promenade Position with timing 23.

NOTE - Timing: alternative timing of 12&3 may be used on steps 4-7.

NOTE-Foot Placement/ Couple Position: May start RF fwd in CBMP in Outside Partner Position

2.1.33 RUNNING CROSS CHASSE

Start: RF fwd in CBMP (Outside Partner position)

Finish: LF fwd L side leading (Closed Position)

Timing: 1&23

NOTE - Couple Position: may start and end in promenade Position.

NOTE - Timing: alternative timing of 12&3 may be used.

2.1.34 FALLAWAY REVERSE AND SLIP PIVOT

Start: LF fwd and slightly to side (Closed position)

Finish: RF bwd (Slip Pivot) weight on RF, LF held in position (Closed Position)

Timing: 1&23

NOTE- Foot Placement/Couple Position: May start with LF fwd in CBMP in Wing Position.

NOTE- Quantity of Turn: may be danced with less or no turn (when danced into a corner).

NOTE - Timing: alternative timings of 12&3 or 123& may be used



2.1.35 HOVER CORTE

Start: RF bwd and slightly to side (Closed Position)

Finish: Transfer weight to RF (Closed Position)

Timing: 123

NOTE - Timing: alternative timing using 2 bars of music may be used (123 123).

NOTE - Couple Position: it may start in Promenade Position

2.1.36 CURVED FEATHER (SEE SLOW FOX)

Start: RF fwd (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: 123

NOTE - Foot Placement/ Couple Position: step 1 may be danced RF fwd in CBMP in Outside Partner Position. May start in Promenade Position.

2.1.37 RUNNING FINISH (SEE QUICKSTEP)

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF fwd L side leading (Closed Position)

Timing: 123

NOTE - Couple Position: may end in Promenade Position

2.1.38 OUTSIDE SWIVEL (SEE SLOW FOX)

Start: LF back in CBMP (Outside Partner Position)

Finish: Weight on LF (Promenade position)

Timing: 1 (23)



2.1.39 PROGRESSIVE CHASSE TO L (SEE QUICKSTEP)

Start: RF bwd (Closed Position)

Finish: LF side and slightly fwd (Closed Position)

Timing: 12&3

NOTE - Quantity of Turn: may turn up to 3/8 to L.

2.1.40 BOUNCE FALLAWAY WEAVE ENDING (SEE SLOW FOX)

Start: LF fwd and slightly to side (Closed Position)

Finish: LF side and slightly fwd (Closed Position)

Timing: 1&23 123

NOTE - General: dance steps 1-4 of bounce fallaway followed by steps 4-6 of weave from PP

2.1.41 QUICK OPEN REVERSE (SEE SLOW FOX)

Start: RF fwd in CBMP (Outside Partner position)

Finish: LF bwd in CBMP (Outside Partner position)

Timing: 1&23

NOTE - General: dance steps 1-4 of Quick Open Reverse Turn.

NOTE - Couple Position: may start in promenade Position.

2.2 Slow Fox

- Feather Step
- Three Step
- Feather Finish
- Feather Ending
- Hover Feather
- Natural Turn
- Reverse Turn
- Basic Weave
- Natural Weave
- Change of Direction
- Heel Pull Finish



- Whisk
- Back Whisk
- Open Natural Turn
- Double Reverse Spin
- Telemark
- Telemark to PP
- Hover Telemark
- Hover Telemark to PP
- Natural telemark
- Natural Hover Telemark
- Impetus
- Impets to PP
- Weave from PP
- Hover Cross
- Top Spin
- Outside Swivel
- Outside Spin
- Reverse Wave
- Natural Twist Turn
- Natural Twist Turn with Natural Weave
- Natural Twist Turn with Impetus and feather Finish
- Natural Twist turn with Impetus to PP
- Natural Zig Zag from PP
- Curved Three Step
- Curved Feather
- Curved Feather from PP
- Back Feather
- Fallaway Reverse and Slip Pivot
- Bounce Fallaway Weave Ending
- Running Weave from PP
- Quick Open Reverse Turn
- Extended Reverse Wave
- Reverse Pivot
- Hover Corte
- Progressive Chasse to R

For easier construction of basic choreography each figure has a description of the starting and finishing position (Man) and the timing. All the variations of the figure that may be used in choreography are described in the notes. When the figure is also known by another name, that name is given in the brackets.



2.2.1 FEATHER STEP

Start: RF fwd (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQ

NOTE - Foot Placement/Couple position: Step 1 may be taken fwd in CBMP in Outside Partner Position.

2.2.2 THREE STEP

Start: LF fwd (Closed Position)

Finish: LF fwd (Closed Position)

Timing: SQQ

2.2.3 FEATHER FINISH

Start: RF bwd and slightly to side (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQ

2.2.4 FEATHER ENDING

Start: RF fwd in CBMP (Promenade Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQ

2.2.5 OVER FEATHER

Start: LF diag fwd L side leading (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: QQ



2.2.6 NATURAL TURN

Start: RF fwd and slightly to side (Closed Position)

Finish: RF bwd (Closed Position)

Timing: SQQ

NOTE - Foot Placement/Couple position: Step 1 may be danced in CBMP in Outside Partner Position.

2.2.7 REVERSE TURN

Start: LF fwd and slightly to side (Closed Position)

Finish: LF bwd (Closed Position)

Timing: SQQ

2.2.8 BASIC WEAVE

Start: LF fwd (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: QQQQQQ

NOTE - General: Steps 2-3 may be repeated (Extended Basic Weave)

2.2.9 NATURAL WEAVE

Start: RF fwd and slightly to side (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQ QQQQ

NOTE - General: Steps 3-4 may be repeated (Extended Natural Weave).

NOTE - Foot Placement/Couple position: It may start from Prom Pos. Step 1 may be danced in CBMP in Outside Partner Position.



2.2.10 CHANGE OF DIRECTION

Start: LF fwd and slightly to side (Closed Position)

Finish: LF fwd (Closed Position)

Timing: SSSS

NOTE - Quantity of turn: It may turn $\frac{1}{2}$ to L when danced into a corner.

2.2.11 HEEL PULL FINISH

Start: LF bwd (Closed Position)

Finish: LF fwd (Closed Position)

Timing: QSQ

NOTE - General: Steps 1-2 only may be used (Timing QQS-Hesitation).

NOTE - Timing: Alternative timing SSS or QQS may be used.

2.2.12 WHISK

Start: LF fwd (Closed Position)

Finish: LF crossed behind RF (Promenade Position)

Timing: SQQ

NOTE - Quantity of turn: It may turn up to $\frac{1}{4}$ to L.

2.2.13 BACK WHISK

Start: LF bwd (Outside Partner Position)

Finish: LF crossed behind RF (Promenade Position)

Timing: SQQ

NOTE - Quantity of turn: It may turn up to $\frac{3}{8}$ to R.



2.2.14 OPEN NATURAL TURN

Start: RF fwd and across in CBMP (Promenade Position)

Finish: RF bwd R side leading (Closed Position)

Timing: SQQ

NOTE - Couple position: Step 1 may be danced in CBMP in Outside Partner Position.

2.2.15 DOUBLE REVERSE SPIN

Start: LF FWD and slightly to side (Closed Position)

Finish: LF closes to RF w/o weight, weight on R foot (Closed Pos)

Timing: SQ (Q) (SQ&Q Lady)

NOTE - Timing: Alternative timing of SSQQ may be used.

2.2.16 TELEMARK

Start: LF fwd and slightly to side (Closed Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: SQQ

2.2.17 TELEMARK TO P.P.

Start: LF fwd and slightly to side (Closed Position)

Finish: LF to side (Promenade Position)

Timing: SQQ

2.2.18 HOVER TELEMARK

Start: LF diag fwd (Closed Position)

Finish: LF diag fwd (Closed Position)

Timing: SQQ



2.2.19 HOVER TELEMAR TO P.P

Start: LF diag fwd (Closed Position)

Finish: LF to side (Promenade Position)

Timing: SQQ

2.2.20 NATURAL TELEMAR

Start: RF fwd and slightly to side (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQQQ

NOTE - Couple position: Step 1 may be danced fwd in CBMP in Outside Partner Position.

2.2.21 NATURAL HOVER TELEMAR

Start: RF fwd and slightly to side (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQ SQQ

NOTE - Couple position: Step 1 may be danced fwd in CBMP in Outside Partner Position. It may start in Promenade Position.

2.2.22 IMPETUS

Start: LF bwd and slightly to side (Closed Position)

Finish: LF to side and slightly bwd (Closed Position)

Timing: SSS

2.2.23 IMPETUS TO P.P.

Start: LF bwd and slightly to side (Closed Position)

Finish: LF diag fwd L side leading (Promenade Position)

Timing: SQQ



2.2.24 WEAVE FROM P.P.

Start: RF fwd and across in CBMP (Promenade Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQ QQQQ

NOTE - General: Steps 3-4 may be repeated (Extended Weave from PP)

NOTE - Foot Placement/Couple position: Step 1 may be danced fwd in CBMP in Outside Partner Position.

2.2.25 HOVER CROSS

Start: RF fwd and slightly to side (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQ QQQQ

NOTE - Foot Placement/Couple position: It may start from Promenade Position. Step 1 may be danced fwd in CBMP in Outside Partner Position.

2.2.26 TOP SPIN

Start: LF bwd in CBMP (Outside Partner Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: QQQQ

2.2.27 OUTSIDE SWIVEL

Start: LF bwd in CBMP (Outside Partner Position)

Finish: Weight on LF (Promenade Position)

Timing: S

NOTE - Timing: Additional S may be used.

NOTE - Quantity of turn: Swivel may be turned up to 3/8 to R.



2.2.28 OUTSIDE SPIN

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF to side (Closed Position)

Timing: SQQ

NOTE - Timing: alternative timing &QQ may be used.

NOTE - Quantity of turn: When the outside Spin is underturned (no Pivot on step 3) the following step will be taken bwd.

2.2.29 REVERSE WAVE

Start: LF fwd and slightly to side (Closed Position)

Finish: LF fwd (Closed Position)

Timing: SQQ SQQ QSQ

NOTE - General: Steps 1-4, 1-6 or 4-6 only may be used.

NOTE- Rise and Fall: when steps 1-4 are used as a preceding figure to Basic Weave there is no lowering action on step 3. The lowering will occur at the end of step 4.

2.2.30 NATURAL TWIST TURN

Start: RF fwd (Closed Position)

Finish: RF in CBMP (Outside Partner Position)

Timing: SQ&Q SQQ

NOTE - Couple position: it may start in Prom Pos. Step 1 may be taken fwd in CBMP in Outside Partner Position.

2.2.31 NATURAL TWIST TURN WITH NATURAL WEAWE

Start: RF fwd (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQ&Q SQQ QQQQ

NOTE - Couple position: It may start in Prom Pos. Step 1 may be taken fwd in CBMP in Outside Partner Position.



2.2.32 NATURAL TWIST TURN WITH IMPETUS AND FEATHER FINISH

Start: RF fwd (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQ&Q QQ SQQ

NOTE - Couple position: It may start in Prom Pos. Step 1 may be taken fwd in CBMP in Outside Partner Position.

2.2.33 NATURAL TWIST TURN WITH IMPETUS TO P.P

Start: RF fwd (Closed Position)

Finish: LF to side (Promenade Position)

Timing: SQ&Q QQ

NOTE - Couple position: It may start in Prom Pos. Step 1 may be taken fwd in CBMP in Outside Partner Position.

2.2.34 NATURAL ZIG ZAG FROM P.P.

Start: RF fwd and across in CBMP (Promenade Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQQQ

2.2.35 CURVED THREE STEP

Start: LF fwd (Closed Position)

Finish: LF fwd in CBMP (Closed Position)

Timing: SQQ

2.2.36 CURVED FEATHER

Start: RF fwd (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQ

NOTE - Foot Placement/Couple position: Step 1 may be taken fwd in CBMP in Outside Partner Position.



2.2.37 CURVED FEATHER FROM P.P.

Start: RF fwd in CBMP (Promenade Position)

Finish: Weight on R foot (Outside Partner Position)

Timing: SQQ

2.2.38 BACK FEATHER

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF bwd in CBMP (Outside Partner Position)

Timing: SQQ

2.2.39 FALLAWAY REVERSE AND SLIP PIVOT

Start: LF fwd in CBMP (Closed Position)

Finish: RF bwd (Slip Pivot) (Closed Position)

Timing: QQQQ

NOTE - Timing: alternative timing S&QQ or SQQS may be used.

NOTE - Quantity of turn: The figure may be danced without turn on step 4, when danced into a corner.

2.2.40 BOUNCE FALLAWAY WITH WEAWE ENDING

Start: LF fwd and slightly to side (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: S&QQ QQQQ

NOTE - General: Figure may be extended by repeating steps 4-5.



2.2.41 RUNNING WEAVE FROM P.P.

Start: RF fwd in CBMP (Promenade Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQ&Q SQQ

NOTE - General: Steps 1-4 only may be used.

NOTE - Couple position: Step 1 may be danced FWD in CBMP (Man) in Outside Partner Position.

2.2.42 QUICK OPEN REVERSE TURN

Start: RF fwd in CBMP (Outside Partner Position)

Finish: Weight on R foot (Outside Partner Position)

Timing: SQ&Q SQQ

NOTE - General: Steps 1-4 only may be used. The figure can start from step 2.

NOTE - Couple position: The figure may start from Promenade Position.

2.2.43 EXTENDED REVERSE WAVE

Start: LF fwd and slightly to side (Closed Position)

Finish: LF fwd (Closed Position)

Timing: SQQ SQQ SQQ SQQ QSQ

NOTE - General: Steps 1-9, 1-12, 6-12 or 6-15 only may be used.

2.2.44 REVERSE PIVOT

Start: RF diag BWD (Closed Position)

Finish: Weight on R F (Closed Position)

Timing: S

NOTE - Timing: Alternative timing Q or & may be used. If Q is used the timing of the following figure will change.



2.2.45 HOVER CORTE (SEE WALTZ)

Start: RF bwd and slightly to side (Closed Position)

Finish: Transfer weight to RF (Closed Position)

Timing: SQQ

NOTE - Timing: alternative timing SSS may be used

NOTE - Couple Position: it may start in Promenade Position

NOTE - General: follow with Weave Ending (3-6 Basic Weave)

2.2.46 PROGRESSIVE CHASSE TO R (SEE WALTZ)

Start: LF fwd and slightly to side (Closed Position)

Finish: RF to side and slightly bwd (Closed Position)

Timing: S Q&Q

NOTE - General: follow with Weave Ending (3-6 Basic Weave)

2.3 Quickstep

- Natural Turn
- Reverse Turn
- Progressive Chasse to R
- Progressive Chasse to L
- Cross Chasse
- Quarter Turn to R
- Quarter Turn to L
- Outside Change
- Natural Pivot
- Running Finish
- Backward Lock
- Forward Lock
- Open Natural Turn
- Natural Spin Turn
- Hesitation Change
- Double Reverse Spin
- Impetus
- Impetus to PP



- Telemark
- Telemark to PP
- Whisk
- Back Whisk
- Open Reverse Turn
- Tipple Chasse to R - at the corner
- Tipple Chasse to R along LOD
- Tipple Chasse to L
- Four Quick Run
- Zig Zag
- V6
- Outside Spin
- Reverse pivot
- Natural Turning Lock
- Drag Hesitation
- Cross Swivel
- Fishtail
- Running Natural Turn
- Running Cross Chasse
- Six Quick Run
- Tippy to R
- Tippy to L
- Rumba Cross
- Hover Corte
- Weave from PP
- Natural Fallaway Turn
- Wing
- Wing from PP
- Curved Feather
- Running Spin Turn

For easier construction of basic choreography each figure has a description of the starting and finishing position (Man) and the timing. All the variations of the figure that may be used in choreography are described in the notes. When the figure is also known by another name, that name is given in the brackets.



2.3.1 NATURAL TURN

Start: RF fwd (Closed Position)

Finish: RF closes to LF (Closed Position)

Timing: SQQ

NOTE - Couple Position: May start RF fwd in CBMP in Outside Partner Position

2.3.2 REVERSE TURN

Start: LF fwd and slightly to side (Closed Position)

Finish: LF closes to RF (Closed Position)

Timing: SQQ

2.3.3 PROGRESSIVE CHASSE TO R

Start: LF fwd and slightly to side (Closed Position)

Finish: RF to side and slightly Bwd (Closed Position)

Timing: SQQS

2.3.4 PROGRESSIVE CHASSE TO L

Start: RF back and slightly to side (Closed Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: SQQS

2.3.5 CROSS CHASSE

Start: LF fwd (Closed Position)

Finish: LF closes to RF (Closed Position)

Timing: SQQ



2.3.6 QUARTER TURN TO R

Start: RF fwd (Closed Position)

Finish: LF to side and slightly bwd (Closed Position)

Timing: SQQS

NOTE - Couple Position: may start RF fwd in CBMP in Outside Partner Position

2.3.7 QUARTER TURN TO L

Start: RF bwd and slightly to side (Closed Position)

Finish: RF closes to LF (Closed Position)

Timing: SQQ

2.3.8 OUTSIDE CHANGE

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: SQQ

NOTE - Couple Position: May end in Promenade Position

2.3.9 NATURAL PIVOT

Start: LF bwd and slightly to side (Closed Position)

Finish: Weight on LF, RF held in position in Closed Position

Timing: S

2.3.10 RUNNING FINISH

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF fwd L side leading (Closed Position)

Timing: SQQ

NOTE - Timing: Alternative timing QQS may be used

NOTE - Couple Position: It may end in PP



2.3.11 BACKWARD LOCK

Start: LF bwd in CBMP (Outside Partner Position)

Finish: RF diag bwd (Closed Position)

Timing: SQQS

NOTE - General: Steps 2-4 only may be used

NOTE - Couple Position: Step 1 may be LF bwd in Closed Position

2.3.12 FORWARD LOCK

Start: RF fwd in CBMP (Outside Partner Position)

Finish: LF diag fwd (Closed Position)

Timing: SQQS

NOTE - General: Steps 2-4 only may be used.

NOTE - Couple Position: Step 1 may be RF fwd in Closed Position

2.3.13 OPEN NATURAL TURN

Start: RF Fwd and across in CBMP (Promenade Position)

Finish: RF bwd R side leading (Closed Position)

Timing: SQQ

NOTE - Couple Position: May start RF fwd in CBMP in Outside Partner Position

2.3.14 NATURAL SPIN TURN

Start: RF fwd (Closed Position)

Finish: LF bwd and slightly to side (Closed Position)

Timing: SQQ SSS

NOTE - Couple Position: May start RF fwd in CBMP in Outside Partner Position

NOTE - Timing: Alternative timing SQQ SQQ may be used

NOTE - Quantity of Turn: It may be underturned (ending backing DC against LOD) or overturned (ending almost backing LOD)



2.3.15 HESITATION CHANGE

Start: LF bwd and slightly to side (Closed Position)

Finish: Weight on RF, LF closes to RF without weight (Closed Position)

Timing: SSS

NOTE - Couple Position: Step 1 may be taken in CBMP in Outside Partner Position.

NOTE - General: Steps 1 -2 only may be used

2.3.16 DOUBLE REVERSE SPIN

Start: LF fwd and slightly to side (Closed Position)

Finish: Weight on RF, LF closes to RF without weight (Closed Position)

Timing: SSS

2.3.17 IMPETUS

Start: LF bwd and slightly to side (Closed Position)

Finish: LF to side and slightly bwd (Closed Position)

Timing: SSS

NOTE - Couple Position: Step 1 may be taken bwd in CBMP in Outside Partner Position

NOTE - Timing: Alternative timing SQQ may be used

2.3.18 IMPETUS TO PP

Start: LF bwd and slightly to side (Closed Position)

Finish: LF diag. fwd L side leading (Promenade Position)

Timing: SSS

NOTE - Couple Position: Step 1 may be taken bwd in CBMP in Outside Partner Position

NOTE - Timing: Alternative timing SQQ may be used



2.3.19 TELEMARK

Start: LF fwd and slightly to side (Closed Position)

Finish: LF to side and slightly fwd (Closed Position.)

Timing: SQQ

NOTE - Timing: Alternative timing SSS may be used

2.3.20 TELEMARK TO PP

Start: LF fwd and slightly to side (Closed Position)

Finish: LF to side (Promenade Position)

Timing: SQQ

NOTE - Timing: Alternative timing SSS may be used

2.3.21 WHISK

Start: LF fwd (Closed Position)

Finish: LF crossed behind (Promenade Position)

Timing: SSS

NOTE - Timing: Alternative timing SQQ may be used

2.3.22 BACK WHISK

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF crosses behind RF (Promenade Position)

Timing: SSS

NOTE - Timing: Alternative timing SQQ may be used

NOTE - Couple Position: Step 1 may be taken bwd in Closed Position



2.3.23 OPEN REVERSE TURN (QUICK OPEN REVERSE)

Start: LF fwd (Closed Position)

Finish: LF bwd in CBMP (Outside Partner Position)

Timing: SQQ

2.3.24 TIPPLE CHASSE TO R - AT THE CORNER

Start: LF bwd (Closed Position)

Finish: RF to side and slightly fwd (Closed Position)

Timing: SQQS

NOTE - Foot Placement/Couple Position: Step 1 may be taken bwd in CBMP in Outside Partner Position

NOTE - General: Steps 2 - 4 only may be used

2.3.25 TIPPLE CHASSE TO R - ALONG LOD

Start: LF bwd in CBMP (Outside Partner Position)

Finish: RF to side and slightly fwd (Closed Position)

Timing: SQQS

NOTE - General: Steps 2-4 only may be used

NOTE - Foot Placement/Couple Position: Step 1 may be taken bwd in CBMP in Outside Partner Position

2.3.26 TIPPLE CHASSE TO L

Start: RF fwd in CBMP (Outside Partner Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: SQQS

NOTE - Couple Position: May start RF fwd in Closed Position

NOTE - General: Steps 2-4 only may be used



2.3.27 FOUR QUICK RUN

Start: RF bwd and slightly to side (Closed Position)

Finish: LF fwd and slightly leftward (Closed Position)

Timing: SQQQQS

2.3.28 ZIG ZAG

Start: LF fwd and slightly to side (Closed Position)

Finish: RF diag bwd (Closed Position)

Timing: SS SQQS

NOTE - General: Steps 1-2 only may be used

2.3.29 V6

Start: LF bwd (Closed Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: SQQS QQS

NOTE-General: it may start from step 2.

2.3.30 OUTSIDE SPIN

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF to side (Closed Position)

Timing: SSS

NOTE-Timing: Alternative timing SQQ may be used

NOTE- Foot Placement/Quantity of Turn: it may be underturned (no turn on step3) in which case the following step will be bwd.

2.3.31 REVERSE PIVOT

Start: RF diag bwd (Closed Position)

Finish: Weight on RF (Closed Position)

Timing: S



2.3.32 NATURAL TURNING LOCK

Start: RF bwd with R side leading (Closed Position)

Finish: LF diag fwd L side leading (Promenade Position)

Timing: QQSS

NOTE- Timing: alternative timing QQQQ may be used.

NOTE- Couple Position/ Foot Placement: may end in closed position, the following step is taken RF fwd in CBMP in Outside Partner position

NOTE- Quantity of Turn/ Couple Position: May be overturned to end in Closed Position (Man backing DC)

2.3.33 DRAG HESITATION

Start: LF fwd and slightly to side (Closed Position)

Finish: LF closes to RF w/o weight (Closed Position)

Timing: SSS

2.3.34 CROSS SWIVEL

Start: LF fwd (Closed Position)

Finish: RF almost closes to LF slightly bwd without weight, weight on RF (Closed Position)

Timing: SS

2.3.35 FISHT TAIL

Start: RF fwd in CBMP (Outside Partner Position)

Finish: LF fwd and slightly leftwards (Closed Position)

Timing: SQQ QQS

NOTE- Quantity of turn: it may be danced without turn.



2.3.36 RUNNING NATURAL TURN

Start: RF fwd (Closed Position)

Finish: LF fwd L side leading (Closed Position)

Timing: SQQ SSSS QQS

NOTE - Foot Placement/Couple Position: May start RF fwd in CBMP in OP Position.

May end in Promenade Position.

NOTE-General: steps 1-4 or 1-7 only may be used

NOTE-Timing: alternative timing of SQQ SQQ may be used on steps 5-10

2.3.37 RUNNING CROSS CHASSE

Start: RF fwd in CBMP (Outside Partner position)

Finish: LF fwd L side leading (Closed Position)

Timing: SQQS

NOTE- Couple Position: It may end in Promenade Position

2.3.38 SIX QUICK RUN

Start: RF bwd and slightly to side (Closed Position)

Finish: LF fwd and slightly leftward (Closed Position)

Timing: QQQQQQ

NOTE-General: due to the fast timing a slight jumping action may be used.

2.3.39 TIPSY TO R

Start: RF to side, small step (Closed Position)

Finish: RF to side, small step (Closed Position)

Timing: Q&Q



2.3.40 TIPSY TO L

Start: LF to side, small step (Closed Position)

Finish: LF to side, small step (Closed Position)

Timing: Q&Q

2.3.41 RUMBA CROSS

Start: LF fwd, long step (Closed Position)

Finish: LF to side and slightly bwd, weight on LF -Pivot (Closed Position)

Timing: QQS

2.3.42 HOVER CORTE

Start: RF bwd (Closed Position)

Finish: transfer weight to RF (Closed Position)

Timing: SSS

NOTE- Couple Position: may start in Promenade Position

2.3.43 WEAVE FROM PP (SEE WALTZ)

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: SQQ SQQ

NOTE - General: steps 1-3 or 4-6 only may be used.

NOTE - Couple Position: may end in Promenade position

2.3.44 NATURAL FALLAWAY TURN (SEE WALTZ)

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: SQQ SQQ

NOTE - Foot Placement/ Couple Position: may start RF fwd in CBMP in Outside Partner position. It may end in Promenade Position



2.3.45 WING (SEE WALTZ)

Start: RF fwd in CBMP (Outside Partner Position)

Finish: LF closes to RF w/o weight, weight on RF (Wing Position)

Timing: S(QQ)

2.3.46 WING FROM PROMENADE POSITION (SEE WALTZ)

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF closes to RF w/o weight, weight on RF (Wing Position)

Timing: S(QQ)

2.3.47 CURVED FEATHER (SEE SLOW FOX)

Start: RF fwd (Closed Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQ

NOTE - Foot Placement/Couple position: Step 1 may be taken fwd in CBMP in Outside Partner Position. May start in Promenade position.

2.3.48 RUNNING SPIN TURN (SEE WALTZ)

Start: RF fwd (Closed Position)

Finish: RF bwd R side leading (Closed Position)

Timing: SQQ SQQS

NOTE-Foot Placement/ Couple Position: May start RF fwd in CBMP in Outside Partner Position

When two figures cannot be directly connected, a linking step (Timing S) may be used in Quickstep



2.4 Tango

- Tango Walk
- Tap - Alternative Entries to PP
- Progressive Side Step
- Brush Tap
- Progressive Link
- Closed Promenade
- Open Promenade
- Back Corte
- Basic reverse Turn
- Open Reverse Turn
- Rock on LF
- Rock on RF
- Natural Rock Turn
- Natural Twist Turn from PP
- Natural Turn from PP
- Promenade Link turned to R
- Promenade Link turned to L
- Back Open Promenade
- Fallaway Promenade
- Whisk
- Back Whisk
- Progressive Side Step Reverse Turn
- Four Step
- Fallaway Four Step
- Outside Swivel - method 1
- Outside Swivel - method 2
- Outside Swivel - method 3
- Four Step Change
- Five Step
- Mini Five Step
- Quick Reverse Turn
- Fallaway Reverse and Slip Pivot
- Telemark to PP
- Open Natural Turn
- Outside Spin
- Natural twist Turn
- Chase
- Chase Alternative Ending - Chase, Chasse
- Chase Alternative Ending - method 1
- Chase Alternative Ending - method 2
- Chase Alternative Ending - method 3
- Chase Alternative Ending - method 4



- Reverse Pivot
- In - Out

For easier construction of basic choreography each figure has a description of the starting and finishing position (Man) and the timing. All the variations of the figure that may be used in choreography are described in the notes. When the figure is also known by another name, that name is given in the brackets.

2.4.1 TANGO WALK

Start: LF fwd (Closed Position)

Finish: RF fwd (Closed Position)

Timing: SS

NOTE - General: LF or RF walk only may be used.

2.4.2 TAP - ALTERNATIVE ENTRIES TO PP

Start: RF fwd (Closed Position)

Finish: Weight on R foot (Promenade Position)

Timing: S&

NOTE - General: Tap can be danced after any Closed or Open Finish.

NOTE - Timing: Alternative timing, including also the preceding step could be SS.

2.4.3 PROGRESSIVE SIDE STEP

Start: LF fwd in CBMP (Closed Position)

Finish: LF fwd in CBMP (Closed Position)

Timing: QQS

NOTE - General: steps 1-2 only may be used.

NOTE - Quantity of turn: figure may be turned up to 3/8 to L.

2.4.4 BRUSH TAP

Start: LF FWD and slightly to side (Closed Position)

Finish: LF placed to side w/o weight, weight on R foot (Closed Position)

Timing: QQ&S

NOTE - Quantity of turn: more turn may be made between steps 1 and 2, up to ¼ to L. Figure may be danced without turn.

NOTE - Couple position: may end in Promenade Position.



2.4.5 PROGRESSIVE LINK

Start: LF fwd in CMBP (Closed Position)

Finish: RF to side and slightly bwd (Promenade Position)

Timing: QQ

2.4.6 CLOSED PROMENADE

Start: LF to side (Promenade Position)

Finish: RF closes to LF slightly bwd (Closed Position)

Timing: SQQS

NOTE - General: May start from step 2.

NOTE - Couple position: Man may turn square to Lady on step 3.

2.4.7 OPEN PROMENADE

Start: LF to side (Promenade Position)

Finish: RF fwd in CBMP (Outside Partner Position)

Timing: SQQS

NOTE - General: May start from step 2.

2.4.8 BACK CORTÉ

Start: LF to side (Closed Position)

Finish: RF closes to LF slightly bwd (Closed Position)

Timing: SQQS

NOTE - General: Open Finish may be used instead of the Closed Finish. Steps 2-4 only may be used. Step 1 only may be used as a preceding figure to Rock on RF.

2.4.9 BASIC REVERSE TURN

Start: LF fwd and slightly to side (Closed Position)

Finish: RF closes to LF slightly bwd (Closed Position)

Timing: QQS QQS

NOTE - General: steps 1-3 or 4-6 only may be used. Closed Finish may be replaced with Open Finish.

2.4.10 OPEN REVERSE TURN

Start: LF fwd and slightly to side (Closed Position)

Finish: RF closes to LF slightly bwd (Closed Position)



Timing: QQS QQS

NOTE - General: steps 1-3 or 4-6 only may be used. Closed Finish may be replaced with Open Finish.

2.4.11 ROCK ON LEFT FOOT

Start: LF bwd L side leading (Closed Position)

Finish: LF bwd L side leading (Closed Position)

Timing: QQS

NOTE - General: figure may be danced with steps 1 and 3 in CBMP following any Open Finish. If danced in this manner step 3 may be replaced with Outside Swivel (Method 1 or 2)

NOTE - Quantity of turn: up to ¼ to R may be made.

2.4.12 ROCK ON RIGHT FOOT

Start: RF bwd in CBMP, L shoulder leading (Closed Position)

Finish: RF bwd in CBMP, L shoulder leading (Closed Position)

Timing: QQS

2.4.13 NATURAL ROCK TURN

Start: RF fwd (Closed Position)

Finish: RF closes to LF slightly bwd (Closed Position)

Timing: SQQS QQS

NOTE - General: when a Rock Turn follows the Natural Turn from PP, step 4 of the Natural Promenade turn becomes step 1 of the Rock Turn. There will be no turn to Promenade Position at the end of step 4 of the Natural Promenade Turn. Continue with steps 2-7 of Rock Turn. Steps 1-4 or 5-7 only may be used. Figure may be danced with an Open Finish.

2.4.14 NATURAL TWIST TURN FROM PP

Start: LF to side (Promenade Position)

Finish: Weight on R foot LF placed slightly to side w/o weight (Promenade Position)

Timing: SQQ SQQ



NOTE - General: it may start from step 2.

NOTE - Timing: use of alternative timing QQS is possible after step 3.

NOTE - Couple Position/Quantity of Turn: it may end in Close Position. In this case the Man will turn 7/8 to R on steps 5-6. Follow with Rock on LF or Back Corte.

2.4.15 NATURAL TURN FROM PP

Start: LF to side (Promenade Position)

Finish: Weight on R foot LF placed to side w/o weight (Promenade Position)

Timing: SQQS

NOTE - General: it may start from step 2.

NOTE - Timing: alternative timing may be used- SQQS&.

2.4.16 PROMENADE LINK TURNED TO RIGHT

Start: LF to side (Promenade Position)

Finish: LF to side w/o weight (Closed Position)

Timing: SQQ

NOTE - General: it may start from step 2.

2.4.17 PROMENADE LINK TURNED TO LEFT

Start: LF to side (Promenade Position)

Finish: LF to side w/o weight (Closed Position)

Timing: SQQ

NOTE - General: it may start from step 2.

NOTE - Couple Position/Quantity of Turn: it may end in Promenade Position. In this case the Lady has no turn.

2.4.18 BACK OPEN PROMENADE

Start: LF to side (Promenade Position)

Finish: RF bwd in CBMP (Closed Position)

Timing: SQQS

NOTE - General/Timing: steps 3 and 4 may be repeated. Timing will be SS or &S.



(Extended Back Open Promenade)

NOTE - General: it may start from step 2.

2.4.19 FALLAWAY IN PROMENADE

Start: LF to side (Promenade Position)

Finish: RF closes to LF slightly bwd (Promenade Position)

Timing: SQQ SQQ

NOTE - General: it may start from step 2.

2.4.20 WHISK

Start: LF fwd (Closed Position)

Finish: LF crosses behind RF (Promenade Position)

Timing: QQS

2.4.21 BACK WHISK

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF crosses behind RF (Promenade Position)

Timing: QQS

2.4.22 PROGRESSIVE SIDE STEP REVERSE TURN

Start: LF fwd and slightly to side (Closed Position)

Finish: RF closes to LF slightly bwd (Closed Position)

Timing: QQSS QQS QQS

NOTE - General: steps 1-4 or 1-7 only may be used. Figure may be danced with an Open Finish.

2.4.23 FOUR STEP

Start: LF fwd and slightly to side (Closed Position)

Finish: RF closes to LF slightly bwd (Promenade Position)

Timing: QQQQ

NOTE - General: after steps 1-2 Outside Swivel may be danced.

2.4.24 FALLAWAY FOUR STEP

Start: LF fwd and slightly to side (Closed Position)

Finish: RF closes to LF slightly bwd (Promenade Position)

Timing: QQQQ



2.4.25 OUTSIDE SWIVEL METHOD 1 - AFTER OPEN FINISH AND TURNING TO R

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF to side small step w/o weight, weight on R foot (Closed Position)

Timing: SQQ

NOTE - General: step 3 may be replaced by a Closed or Open Finish. It may end in PP (same as Promenade Link)

2.4.26 OUTSIDE SWIVEL METHOD 2 - TURNING TO L

Start: LF bwd in CBMP (Outside Partner Position)

Finish: Weight on R foot LF to side small step w/o weight, weight on R foot (Closed Position)

Timing: SQQ

NOTE - General: steps 3 may be replaced by a Closed or Open Finish. It may end in PP (same as Promenade Link).

2.4.27 OUTSIDE SWIVEL METHOD 3 - REVERSE OUTSIDE SWIVEL

Start: LF bwd and slightly to side (Closed Position)

Finish: LF to side small step w/o weight, weight on R foot (Closed Position)

Timing: QQS QQ

NOTE - General: steps 3 may be replaced by a Closed or Open Finish. It may end in PP (same as Promenade Link).

NOTE - Quantity of Turn: may be underturned when danced into a corner.

2.4.28 FOUR STEP CHANGE

Start: LF fwd and slightly to side (Closed Position)

Finish: RF bwd small step (Closed Position)

Timing: QQ&S

NOTE - Timing: alternative timing QQQQ may be used.

2.4.29 FIVE STEP

Start: LF fwd and slightly to side (Closed Position)

Finish: Weight on R foot (Prom Position)



Timing: QQQQS

NOTE - Quantity of Turn: may be underturned when danced into a corner.

NOTE - Timing: alternative timing QQS&S or S&QQS may be used.

2.4.30 MINI FIVE STEP

Start: LF fwd and slightly to side (Closed Position)

Finish: Weight on R foot (Prom Position)

Timing: QQQQS

NOTE - Quantity of Turn: figure can be danced also without turn starting DC and continuing with the same alignments described in the chart.

NOTE - Timing: alternative timing QQS&S or S&QQS may be used.

2.4.31 QUICK REVERSE TURN

Start: LF fwd and slightly to side (Closed Position)

Finish: RF closes to LF slightly bwd (Closed Position)

Timing: QQ& QQS

NOTE - General: steps 1-3 or 4-6 only may be used. Closed Finish may be replaced by Open Finish.

2.4.32 FALLAWAY REVERSE AND SLIP PIVOT

Start: LF fwd and slightly to side (Closed Position)

Finish: RF bwd (Slip Pivot) (Closed Position)

Timing: QQQQ

NOTE - Quantity of Turn: when danced into a corner there will be no turn on step 4 (Pivot). The Lady's quantity of turn will change accordingly.

NOTE - Timing: alternative timings may be used: QQS&, S&QQ, SQ&Q, SQQ&, SQQS.

TELEMARK TO PP

Start: LF fwd and slightly to side (Closed Position)

Finish: LF to side (Prom Position)

Timing: QQS



2.4.33 OPEN NATURAL TURN

Start: LF to side (Promenade Position)

Finish: RF bwd R side leading (Closed Position)

Timing: SQQS

NOTE - Timing: alternative timing including the Preceding Step
S&QQ may be used

NOTE - General: May start from step 2.

2.4.34 OUTSIDE SPIN

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF to side (Closed Position)

Timing: QQS

NOTE - Quantity of Turn: when the figure is underturned (no pivot on step 3) the following step will be taken with RF Bwd (Man) and LF Fwd (Lady).

NOTE - Timing: alternative timing could be used: &QQ.

2.4.35 NATURAL TWIST TURN

Start: RF fwd (Closed Position)

Finish: Feet almost closed, weight on RF, LF placed to side w/o weight (Promenade Position)

Timing: SQ&QS

NOTE - Couple Position/Quantity of Turn: it may end in Closed Position. The Man will turn 5/8 to R between 5 and 6, to end backing DC against LOD. Follow with Back Corte.

2.4.36 CHASE

Start: LF to side (Promenade Position)

Finish: RF to side and slightly fwd, LF placed to side w/o weight (Promenade Position)

Timing: SQQ QQS

NOTE - General: it may start from step 2. It may finish in Closed Position, Lady will turn only 5/8 to R between 3-6 and end square to the Man.



NOTE - Timing: alternative timing could be used: SQQQSS&.

2.4.37 CHASE ALTERNATIVE ENDINGS - CHASE, CHASSE

Start: LF to side (Promenade Position)

Finish: RF to side (Closed Position)

Timing: SQQ QQ Q&Q

Use one of the following four possible endings after step 8.

2.4.38 CHASE ALTERNATIVE ENDINGS - METHOD 1: WHISK, FWD STEP TO PP

Start: LF crosses behind RF (Promenade Position)

Finish: RF fwd and across in CBMP, LF placed to side w/o weight (Promenade Position)

Timing: SQQ

NOTE - Timing: alternative timing could be used: QQS.

2.4.39 CHASE ALTERNATIVE ENDINGS - METHOD 2: WHISK, PROMENADE LINK

Start: LF crosses behind RF (Promenade Position)

Finish: RF fwd and across in CBMP, LF placed to side w/o weight (Closed Position)

Timing: SQQ

NOTE - Timing: alternative timing could be used: QQS.

2.4.40 CHASE ALTERNATIVE ENDINGS - METHOD 3: WHISK, CLOSE STEP TO PP

Start: LF crosses behind RF (Promenade Position)

Finish: RF closes to LF slightly bwd, LF placed to side w/o weight (Promenade Position)

Timing: SQQ

NOTE - Timing: alternative timing could be used: S&S.

2.4.41 CHASE ALTERNATIVE ENDINGS - METHOD 4: PROGRESSIVE LINK

Start: LF fwd in CBMP (Closed Position)

Finish: RF to side and slightly bwd (Promenade Position)

Timing: QQ



2.4.42 REVERSE PIVOT

Start: RF Diag bwd (Closed Position)

Finish: RF diag. bwd (Closed Position)

Timing: &

NOTE - Timing: alternative timing of S or Q may be used

2.4.43 IN - OUT

When in Promenade Position the Man closes and opens his hips, Lady responds with the same action and the turn of the head

Timing: &S

2.5 Viennese Waltz

- Natural Turn
- Reverse Turn
- RF Forward Change Step Natural to Reverse
- LF Forward Change Step Reverse to Natural
- LF Backward Change Step Natural to Reverse
- RF Backward Change Step Reverse to Natural

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2.5.1 NATURAL TURN

Start: RF fwd (Closed Position)

Finish: LF closes to RF (Closed Position)

Timing: 123 123

NOTE - General: steps 1-3 or 4-6 only may be used.



2.5.2 REVERSE TURN

Start: LF fwd (Closed Position)

Finish: RF closes to LF (Closed Position)

Timing: 123 123

NOTE - General: steps 1-3 or 4-6 only may be used.

2.5.3 RF FORWARD CHANGE STEP NATURAL TO REVERSE

Start: RF fwd (Closed Position)

Finish: RF closes to LF

Timing: 123

2.5.4 LF FORWARD CHANGE STEP REVERSE TO NATURAL

Start: LF fwd (Closed Position)

Finish: LF closes to RF

Timing: 123

2.5.5 LF BACKWARD CHANGE STEP NATURAL TO REVERSE

Start: LF bwd (Closed Position)

Finish: RF closes to LF (Closed Position)

Timing: 123

2.5.6 RF BACKWARD CHANGE STEP REVERSE TO NATURAL

Start: RF bwd (Closed Position)

Finish: LF closes to RF (Closed Position)

Timing: 123

NOTE -FOOT ACTION/GENERAL: a series of forward or backward changes may be danced in the Viennese Waltz, alternating between a RF and LF Change. In such case Foot Action Ball (B)



should be used on all steps, with the exception of the first and last step of the sequence, which is BH.

3 List of Figures in Latin

3.1 Cha Cha Cha

- Time Step
- Close Basic Movement
- Open Basic Movement
- New York to Right
- New York to Left
- Hand to Hand to Right
- Hand to Hand to Left
- Spot Turn to Right
- Spot Turn to Left
- Underarm Turn Turning Right
- Underarm Turn Turning Left
- Three Cha Cha Chas to Right
- Three Cha Cha Chas to Left
- Shoulder to Shoulder
- Aida
- Fan
- Open Hip Twist
- Open Hip Twist to Chasse
- Close Hip twist
- Close Hip Twist to Chasse
- Hockey Stick
- Hockey Stick to Chasse
- Alemana
- Alemana from Open Opposing Position
- Natural Top
- Cross Basic
- Cross Basic with Turn
- Cross basic to Open Opposing Position
- Methods of Changing feet
 - Simple foot change
 - Chasse to Right Side Link
 - Lock to Right Side Link
 - Link to open Opposing position
- Split Cuban Break to Right



- Split Cuban Break to Left
- Cuban Breaks to Right
- Cuban Breaks to Left
- Cuban Break Amalgamations
- Close Hip Twist spiral
- Open Hip Twist Spiral
- Turkish Towel
- Sweetheart
- Follow my Leader
- Syncopated Open Hip Twist
- Curl
- Rope Spinning
- Overturned Lock Ending
- Continuous Overturned Lock
- Swivel from Overturned Lock
- Swivel Hip twist
- Swivels
- Walks and Whisks
- Advanced Methods of Changing Feet
 - Link to Fan L Angle
 - Syncopated R side Link

For easier construction of basic choreography each figure has a description of the starting and finishing position (Man) and the timing. All the variations of the figure that may be used in choreography are described in the notes. When the figure is also known by another name, that name is given in the brackets.

3.1.1 TIME STEP

Start: RF closed to LF (Close Opp.; w/o Hold hold)

Finish: LF to side (Close Opp.; w/o Hold)

Timing: 2 3 4 &1 2 3 4&1

NOTE - General: Steps 1-5 or 6 - 10 only may be used.

When all steps are danced in place it is known as **BASIC IN PLACE**.

When steps 3 -5 are replaced with a Merengue Chasse bwd and steps 8 -10 with a Merengue Chasse fwd for both partners it is known as **THERE AND BACK**

NOTE -Couple Position: May be danced in Open Opposing Position or Extended Open Opp. Pos.



NOTE - Timing, Foot Placement: When the Time Step is danced using the Guapacha Timing, the foot placement of steps 1 and 6 will be crossed behind in Latin Cross Position.

3.1.2 CLOSE BASIC MOVEMENT

Start: LF fwd T turned out (Close Opp.; Normal Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 1-5 or 6 - 10 only may be used.

NOTE -Couple Position: May be danced in Open Opposing position with any appropriate hold.

NOTE - Quantity of turn: Up to ½ turn to L can be made

3.1.3 OPEN BASIC MOVEMENT

Start: LF fwd T turned out (Open Opp.; LH to RH)

Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE -Couple Position: May be danced in Close Opposing Position

NOTE - General Action/ Timing/Hold: Steps 3-5 may be replaced with 3 Cha Cha Locksteps bwd(4&1 2&3 4&1) and steps 8 - 10 may be replaced by 3 Cha Cha Locksteps fwd (4&1 2&3 4&1).

The hold may change from RH to RH on the first Lockstep to LH to LH on the second Lockstep and back to RH to RH or any other appropriate hold depending on the following figure.

3.1.4 NEW YORK TO R

Start: LF fwd and across body, T turned out (L Side Same; LH to RH)

Finish: LF to side (Open Opp.; LH to RH)

Timing: 2 3 4&1

NOTE - Timing: Guapacha Timing may be used.



NOTE - General Action: Cha Cha Chasse to side may be replaced by a Three Step Turn for Man and Lady, or Lady only. It may also be replaced by a Ronde Chasse.

3.1.5 NEW YORK TO L

Start: RF fwd and across body, T turned out (R Side Same; RH to LH)

Finish: RF to side (Open Opp.; RH to LH)

Timing: 2 3 4&1

NOTE - Timing: Guapacha Timing may be used

NOTE - General Action: Cha Cha Chasse to side may be replaced by a Three Step Turn for Man and Lady, or Lady only. It may also be replaced by a Ronde Chasse.

3.1.6 HAND TO HAND TO R

Start: RF bwd (L Side Same; LH to RH)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4&1

3.1.7 HAND TO HAND TO L

Start: LF bwd (R Side Same; RH to LH)

Finish: LF to side (Open Opp.; RH to LH)

Timing: 2 3 4&1

3.1.8 SPOT TURN TO R

Start: LF fwd and slightly across the body (L Side Same; Release Hold)

Finish: LF to side (Open Opp.; LH to RH)

Timing: 2 3 4&1



3.1.9 SPOT TURN TO L

Start: RF fwd and slightly across the body (R Side Same; Release Hold)

Finish: RF to side (Open Opp.; RH to LH)

Timing: 2 3 4&1

NOTE - General Action: Steps 3-5 may be replaced by a Cha Cha Lockstep fwd (Man) and Cha Cha Lockstep bwd (Lady).

3.1.10 UNDERARM TURN TURNING R

Start: RF bwd (L Diag. R Angle; Lady turns under Man's LH)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: 2 3 4&1

NOTE - General Action: Steps 3-5 may be replaced by a Cha Cha Lockstep fwd (Man) and Cha Cha Lockstep bwd (Lady)

3.1.11 UNDERARM TURN TURNING L

Start: LF fwd T turned out (L Diag. Same; Lady turns under Man's LH)

Finish: LF to side (Close Opp.; Normal Hold)

Timing: 2 3 4&1

3.1.12 THREE CHA CHA CHAS TO R

Start: RF to side (Open Opp.; LH to RH)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 4&1 2&3 4&1

NOTE - General: Three Cha Cha Chas to R may replace steps 3-5 of Hand to Hand to R, New York to L, Spot Turn to L, Underarm Turn to R, Time Step.

Steps 4 -9 only may be danced.

3.1.13 THREE CHA CHA CHAS TO L

Start: LF to side (Open Opp.; RH to LH)

Finish: LF to side (Open Opp.; RH to LH)



Timing: 4&1 2&3 4&1

NOTE - General: Three Cha Cha Chas to L may replace steps 3-5 of Hand to Hand to L, New York to R, Spot Turn to R, Underarm Turn to L and steps 8-10 of Time Step.

Steps 4 -9 only may be danced.

3.1.14 SHOULDER TO SHOULDER

Start: LF fwd OP, T turned out (L Diag. Opp.; w/o Hold)

Finish: RF to side (Open Opp.; w/o Hold)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 1-5 or 6-10 only may be used. Man may dance Lady's steps and vice versa.

NOTE - Timing: Guapacha Timing may be used.

3.1.15 AIDA

Start: RF bwd (L Side Same; LH to RH)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4&1 2 3 4&1 2 3 4&1

NOTE - General Action/ Timing: Alternative Ending- after step 5 Man turns $\frac{1}{4}$ to L (Lady $\frac{1}{4}$ to R) to end in Open Opp. Pos. and they both dance a Rock Action and Compact Chasse timed 2 3 4&1.

The Lady may replace the last step of the preceding Chasse with a Spiral Cross and then follow with steps 6-10 of Open Hip Twist and then continue as chart.

3.1.16 FAN

Start: RF bwd (L Diag. R Angle; RH releases Hold)

Finish: RF to side (fan L Angle; LH to RH)

Timing: 2 3 4&1

NOTE - Timing: Guapacha Timing may be used.

NOTE - General Action/Couple Position: May end in Open Opp. Pos. Man turns $\frac{1}{4}$ to L at the end of step 2 and dances a Cha Cha Lock fwd or three Cha Cha Locks fwd (lady as chart or 3 Cha Cha



Locks bwd) or a Cha Cha Chasse to side(Lady Cha Cha Chasse to side)

The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 7 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with side Rock (RF, LF) timed 4 1 and release hold at the end

3.1.17 OPEN HIP TWIST

Start: LF fwd, T turned out (Open Opp. LH to RH)

Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 1-5 or 6 -10 only may be used.

NOTE -Couple Position: May be danced in Open Opposing position

NOTE - Timing: Guapacha Timing may be used.

NOTE - General Action/ Couple Position: The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 7 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with a side Rock (RF, LF) timed 4 1 and release hold at the end.

3.1.18 OPEN HIP TWIST TO CHASSE

Start: LF fwd, T turned out (Open Opp. LH to RH)

Finish: RF to side (Back R Diag Same.; Normal Hold)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 1-5 or 6-10 only may be used.

NOTE -General Action: Steps 8-10 may be replaced by a Cha Cha Lock fwd or three Cha Cha Locks fwd (Man) and a Cha Cha Lock bwd or three Cha Cha Locks bwd (Lady)

NOTE - Timing: Guapacha Timing may be used.

3.1.19 CLOSE HIP TWIST

Start: LF fwd T turned out (Close Opp.; Normal Hold)

Finish: RF to side (Fan L Angle; LH to RH)



Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 1-5 or 6-10 only may be used.

NOTE - General Action: Steps 8-10 may be replaced by a Cha Cha Lock fwd or three Cha Cha Locks fwd (Man) and a Cha Cha Lock bwd or three Cha Cha Locks bwd (Lady).

When steps 1-5 only are used Lady may dance a Cha Cha Chasse on steps 3-5 turning L to end in Close Opp. Pos.

NOTE - Lead/ Hold/ Shaping: It may be danced with RH to RH Hold, changing to LH to RH hold on step 7.

NOTE - General Action/ Couple Position: The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 7 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with Rock to side (RF, LF) timed 4 1 and release hold at the end.

3.1.20 CLOSE HIP TWIST TO CHASSE

Start: LF fwd T turned out (Close Opp.; Normal Hold)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 1-5 or 6-10 only may be used.

NOTE - General Action: Steps 8-10 may be replaced by a Cha Cha Lock fwd or three Cha Cha Locks fwd (Man) and a Cha Cha Lock bwd or three Cha Cha Locks bwd (Lady).

When steps 1-5 only are used Lady may dance a Cha Cha Chasse on steps 3-5 turning L to end in Close Opp. Pos.

NOTE - Lead/ Hold/ Shaping: It may be danced with RH to RH Hold, changing to LH to RH hold on step 7.

3.1.21 HOCKEY STICK

Start: LF fwd T turned out (Fan L Angle; LH to RH)

Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4&1 2 3 4&1

NOTE - General Action: Ronde Chasse may be replaced by Slip Close Chasse.



Steps 8-10 may be replaced by 3 Cha Cha Locks fwd for Man, bwd for Lady

3.1.22 HOCKEY STICK TO CHASSE

Start: LF fwd T turned out (Fan L Angle; LH to RH)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4&1 2 3 4&1

NOTE - General Action: Ronde Chasse may be replaced by Slip Close Chasse.

NOTE - Quantity of Turn/ General Action: Lady may dance a Spiral Cross on step 7 and continue with a Cha Cha Lock fwd. In this case Man will also dance a fwd Lock on steps 8-10.

3.1.23 ALEMANA

Start: LF fwd, T turned out (Fan L Angle; LH to RH)

Finish: RF fwd and slightly across the body (R Diag. Opp.; Normal Hold)

Timing: 2 3 4&1 2 3 4&1

NOTE_ General: Steps 6-10 only may be used.

NOTE - General Action: Man's step 6 may be danced as a Bwd Walk and step 7 as a Side Walk.

NOTE -General Action/Couple Position: Steps 8 -10 may be replaced by a side Chasse for Man and Lady danced in Close Opp. or Open Opp. Position.

3.1.24 ALEMANA FROM OPEN OPP. POS.

Start: LF fwd, T turned out (Open Opp.; LH to RH)

Finish: RF fwd and slightly across the body (R Diag Opp.; Normal Hold)

Timing: 2 3 4&1 2 3 4&1.

NOTE - General: Steps 6-10 only may be used.

NOTE - General Action: Man's step 6 may be danced as a bwd Walk and step 7 as a side Walk.



NOTE - General Action/Couple Position: Steps 8 -10 may be replaced by a side Chasse for Man and Lady danced in Close Opp. or Open Opp. Position.

3.1.25 NATURAL TOP

Start: RF crossed behind LF, T turned out (Close Opp.; Normal Hold)

Finish: RF fwd and slightly across the body (R Side Opp.; Normal Hold)

Timing: 2 3 4&1 2 3 4&1 2 3 4&1

NOTE - General: Steps 1-10 or 11-15 only may be used.

NOTE - General Action/Couple Position: Steps 13-15 may be replaced by a side Chasse for Man and Lady danced in Close Opp. or Open Opp. Position.

3.1.26 CROSS BASIC

Start: LF fwd, T turned out (Close Opp.; Normal Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 6-10 only may be used.

NOTE - General Action: Steps 3-5 for Man may be replaced by a bwd Lockstep.

NOTE - Timing: Guapacha timing may be used.

3.1.27 CROSS BASIC WITH TURN

Start: LF fwd, T turned out (Close Opp.; Normal Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: 2 3 4&1 2 3 4&1

NOTE - General Action: Steps 3-5 for Man may be replaced by a bwd Lockstep.

NOTE - General Action/Couple Position: Steps 8-10 for the Man may be replaced by a fwd Lockstep ending in Open Opp. Position or three Cha Cha Locksteps fwd (Lady will dance a bwd Lockstep or three Cha Cha Locksteps bwd).



Man may replace steps 8-10 with a Hip Twist Chasse (Lady bwd Lockstep to end in Fan L Angle position).

NOTE - Timing: Guapacha timing may be used.

3.1.28 CROSS BASIC TO OPEN OPP. POS.

Start: LF fwd, T turned out (Close Opp.; Normal Hold)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 6-10 only may be used.

NOTE - General Action: Steps 3-5 for Man may be replaced by a bwd Lockstep. Steps 8-10 may be replaced by 3 Cha Cha Locksteps fwd (Man) and three Cha Cha Locksteps bwd (Lady).

NOTE - Timing: Guapacha timing may be used.

NOTE - General Action/Couple Position: Man may replace steps 8-10 with a Hip Twist Chasse (Lady bwd Lockstep to end in Fan L Angle position).

3.1.29 ADVANCES CHANGING OF FEET

3.1.29.1 SIMPLE FOOT CHANGE

Start: LF fwd and across body (Open Opp.; w/o Hold)

Finish: Weight on RF (R Side Same; w/o Hold)

Timing: 2 3

NOTE - Couple Position: May start in R Side Same Position and end in Open Opp. Position

NOTE - General Action/ Couple Position: Steps 3-5 will be a Chasse to R for both Man and Lady when ending in R Side Same Position or a Lockstep fwd (Man) and bwd (Lady) when ending in Open Opp. Position.

3.1.29.2 CHASSE TO R SIDE LINK

Start: LF in place (R Diag. Opp.; LH to RH)

Finish: RF to side (R Side Same; w/o Hold)

Timing: 2 3 4&1



3.1.29.3 LOCK TO R SIDE LINK

Start: LF fwd and slightly across the body(R Side Opp.; w/o Hold)

Finish: RF to side (R Side Same; w/o Hold)

Timing: 2 3 4&1 2 3 4&1

NOTE - General/ Couple Position: Step 2 may be directly followed by step 8, in that case the end position will be L Side same.

3.1.29.4 LINK TO OPEN OPP. POS.

Start: RF bwd (R Side Same; w/o Hold)

Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4&1 2 3 4&1

3.1.30 SPLIT CUBAN BREAK TO R

Start: LF fwd and across body, T turned out (L Side Same; LH to RH)

Finish: LF to side (Open Opp.; LH to RH)

Timing: 2&3 (or 4&1)

NOTE - General: Split Cuban Break to R is always followed by a Split Cuban Break to L.

NOTE - Timing: The first Split Cuban Break is always danced on 2&3 and the following on 4&1.

NOTE -Couple Position: possible amalgamations

- Steps 1-2 in L Side Same, Step 3 in Open Opposing
- Steps 1-3 in L Side Same
- Steps 1-3 in Open Opposing

3.1.31 SPLIT CUBAN BREAK TO L

Start: RF fwd and across body, T turned out(R Side Same; RH to LH)

Finish: RF to side (Open Opp.; RH to LH)

Timing: 2&3 (or 4&1)

NOTE -General: Split Cuban Break to L is always followed by a Split Cuban Break to R.

NOTE - Timing: The first Split Cuban Break is always danced on 2&3 and the following on 4&1.



NOTE -Couple Position: possible amalgamations

- Steps 1-2 in R Side Same, Step 3 in Open Opposing
- Steps 1-3 in R Side Same
- Steps 1-3 in Open Opposing

3.1.32 CUBAN BREAKS TO R

Start: LF fwd and across body, T turned out (L Side Same; LH to RH)

Finish: LF to side (Open Opp.; LH to RH)

Timing: 2& 3& 4&1

NOTE - Couple Position: Possible amalgamations

- Steps 1-2 in L Side Same, Steps 3-4 in Open Opp., Steps 5-6 in R Side Same, Step 7 in Open Opp.
- Steps 1-7 in L Side Same
- Steps 1-7 in Open Opp.
- Steps 1-6 in L Side Same, Step 7 in Open Opp.
- Cuban Breaks to R danced in Open Opp. Pos. without turn followed by two taps with RF crossed behind LF w/o weight and Cha Cha Chasse to R. Lady dances steps 1-5 of Open Basic followed by Cuban Breaks to L in Open Opp. Pos. Lady may also dance man's steps on the opposite foot.

3.1.33 CUBAN BREAKS TO L

Start: RF fwd and across body, T turned out (R Side Same; RH to LH)

Finish: RF to side (Open Opp.; RH to LH)

Timing: 2& 3& 4&1

NOTE - Couple Position: Possible amalgamations

- Steps 1-2 in R Side Same, Steps 3-4 in Open Opp., Steps 5-6 in L Side Same, Step 7 in Open Opp.
- Steps 1-7 in R Side Same
- Steps 1-7 in Open Opp.
- Steps 1-6 in R Side Same, Step 7 in Open Opp.

3.1.34 CLOSE HIP TWIST SPIRAL

Start: LF fwd, T turned out (Back R Diag. Same; Normal Hold)

Finish: RF to side (Open Opp.; LH to RH)



Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps -6-10 only may be used.

NOTE - General Action/ Couple Position: It may end in Fan L Angle Position. Lady overturns Spiral Cross and her Three Step Turn Should finish LF bwd and Man will dance a Hip Twist Chasse to end in Fan L Angle or a fwd Lockstep to end in Open Opposing Position.

The figure may be used as a Foot Change-in this case Lady will overturn the Spiral Cross on step 6 and follow with three step turn to end in L Side Same Position. Man will not turn on step 5 and replace steps 8-10 with Rock to side (RF, LF) timed 4 1 releasing the hold at the end.

3.1.35 OPEN HIP TWIST SPIRAL

Start: LF fwd, T turned out (Open Opp.; LH to RH)

Finish: Weight on RF (Open Opp.; LH to RH)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 6-10 only may be used.

NOTE - General Action/ Couple Position: It may end in Fan L Angle Position. Lady overturns Spiral Cross and her Three Step Turn Should finish LF bwd and Man will dance a Hip Twist Chasse to end in Fan L Angle or a fwd Lockstep to end in Open Opposing Position.

The figure may be used as a Foot Change- in this case Lady will overturn the Spiral Cross on step 6 and follow with three step turn to end in L Side Same Position. Man will not turn on step 5 and replace steps 8-10 with Rock to side (RF LF) timed 4 1 releasing the hold at the end.

3.1.36 TURKISH TOWEL

Start: LF fwd, T turned Out (Open Opp.; RH to RH)

Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4&.1 2 3 4&1 2 3 4&.1 2 3 4&1 2 3 4&.1 2 3 4&1

NOTE - Timing: Guapacha timing may be used

NOTE - General: Steps 11- 20 may be omitted.

NOTE - General Action: Steps 28-30 may be replaced by 3 fwd Locksteps (Man), 3 bwd Locksteps (Lady)



3.1.37 SWEETHEART

Start: LF fwd, T turned out (Open Opp.; RH to RH)

Finish: RF to side and slightly fwd (Close Opp.; Normal Hold)

Timing: 2 3 4&1 2 3 4&1 2 3 4&1 2 3 4&1

NOTE - Timing: Guapacha timing may be used

NOTE - General: Steps 6 - 15 may be omitted.

NOTE - General Action/ Timing/ Couple Position: At the end of step 15 as the Lady ends in R Diag. Same Position the Man may take a Shadow Hold and continue with an alternative ending as follows: Both dance a Checked Bwd Walk (Man RF, Lady LF), Wt Transfer in Place, Running Chasse Fwd, Checked Fwd Walk, Wt Transfer in Place, Running Chasse Bwd. Man follows with steps 6-10 of Close Basic to end in Fan L Angle Position, releasing hold on step 7 and taking LH to RH Hold at the end of step 10. Lady follows with Checked Back Walk, Wt Transfer in Place with a Swivel ($\frac{1}{4}$ turn to R) and a Bwd Lockstep to end in Fan L Angle.

3.1.38 FOLLOW MY LEADER

Start: LF fwd (Open Opp.; w/o Hold)

Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4&1 2 3 4&1 2 3 4&1 (&)2 3 4&1 2 3 4&1

NOTE - General: Man may replace steps 1-2 with steps 16-17.

NOTE - General Action: Lady's steps 18-26 may be replaced by Three Cha Cha Locks Bwd.

NOTE - General/Couple Position:

Steps 1-10 may be used as a Foot Change from Open Opposing to L Side Same Position. Man and Lady will turn $\frac{1}{4}$ to R at the end of step 7 and finish with a Cha Cha Chasse LRL.

Steps 16-20 may also be used as a Foot Change from L Side Same to open Opposing Position, preceded by a Spot Turn to L that ends with a Fwd Lockstep in Back Open Same Position.

3.1.39 SYNCOPATED OPEN HIP TWIST

Start: LF fwd, T turned out (Open Opp.; LH to RH)

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Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 6-10 only may be used.

NOTE -General Action/Quantity of Turn/Couple Position: Man may turn $\frac{1}{4}$ to L on steps 7-9 to end in Open Opposing Position. The Lady will replace step 9 with a Side walk.

NOTE - General Action/ Couple Position: The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 6 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with Rock to side (RF LF) timed 4 1 and release hold at the end.

3.1.40 CURL

Start: LF fwd., T turned Out (Open Opp.; LH to RH)

Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2 3 4&1 2 3 4&1

NOTE - General: Steps 1-5 or 6-10 only may be used.

NOTE -General Action/Quantity of Turn/Couple Position: Man may turn $\frac{1}{4}$ to L on steps 7 and dance a Fwd Cha Cha Lockstep or 3 Cha Cha Locksteps fwd (Lady as chart or 3 Cha Cha Locksteps bwd.) or a Cha Cha Chasse to side (Lady replaces a bwd Lock with a Side Chasse)

NOTE - General Action/ Couple Position: The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 6 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with Rock to side (RF LF) timed 4 1 and release hold at the end.

3.1.41 ROPE SPINNING

Start: LF to side (R Back Diag L Angle.; RH to LH)

Finish: LF fwd (R Diag. Opp.; Normal Hold)

Timing: 2 3 4&1 2 3 4&1

NOTE -General Action/Couple Position: Steps 8-10 may be replaced with a Cha Cha Chasse to side for Man and Lady danced in Open Opp. or Close Opp. Position.



On the last step of the preceding figure the Lady will dance a Spiral Cross to end in R Diag. L Angle Position.

3.1.42 OVERTURNED LOCK ENDING

Start: RF fwd (Open Same; LH to RH)

Finish: RF fwd (Open Same; LH to RH)

Timing: 4&1

NOTE -General Action/Couple Position: Lady may replace step 3 with a Forward Walk Turning to end in Open Opp. Position.

Overtured Lock Ending may be used to replace the last three steps of any figure that usually ends with a Cha Cha Bwd Lock for the Lady and Fwd Lock for the Man in Open Opp. Position. On the preceding step (count 3) the Lady dances a Spiral Cross to achieve Open Same Position.

3.1.43 CONTINUOUS OVERTURNED LOCK

Start: LF fwd (Open Opp.; LH to RH)

Finish: RF fwd (Close Same; LH to RH)

Timing: 2 (&)3& 4&1

NOTE -General Action/Couple Position: Lady may replace step 3 with a Forward Walk Turning to end in Open Opp. Position.

3.1.44 SWIVEL FROM OVERTURNED LOCK

Start: LF fwd, T turned out (Open Same; LH to RH)

Finish: LF bwd (Open Opp.; LH to RH)

Timing: 2 3 4&1

NOTE - General Action: steps 3-5 may be replaced with an appropriate form of Cha Cha Chasse according to the following figure.

3.1.45 SWIVEL HIP TWIST

Start: RF in place (L Diag.R Angle; Normal Hold)

Finish: LF to side (Close Opp.; Normal Hold)

Timing: 2.3 4&1



NOTE - Foot Placement: start with feet apart and weight on LF (normally after a Ronde Chasse)

NOTE -Couple Position/ Quantity of Turn: May end in Right Diagonal R Angle Position (Lady will turn $\frac{1}{4}$ to R on the Hip Twist Chasse)

3.1.46 SWIVELS

Start: RF in place (L Diag.R Angle; Normal Hold)

Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2 3 4&1

NOTE - Foot Placement: start with feet apart and weight on LF (normally after a Ronde Chasse)

NOTE -Couple Position/ Quantity of Turn/General Action: It may end in Open Opp. Position. Man turns $\frac{1}{4}$ to L on steps 3-5, Lady replaces step 5 with a side Walk.

3.1.47 4 WALKS AND WHISKS

Start: LF fwd (L side Same; w/o Hold)

Finish: LF to side and slightly fwd (Open Opp.; LH to RH)

Timing: 2 3 4&1 2&3 4&1

NOTE - General: Man may dance Lady's steps and vice versa. Steps 6-11 only may be danced.

NOTE - General Action: Steps 3-5 may be replaced by a Cha Cha Lock Fwd, steps 6-11 may be replaced by Time Step Chasses.

3.1.48 ADVANCED METHODS OF CHANGING FEET

3.1.48.1 LINK TO FAN L ANGLE

Start: LF Closed to RF (R Diag. Same; w/o Hold)

Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2&3 41 2 3(&) 4&1

NOTE-General: Steps 6-10 may be replaced by steps 6-10 of Close Hip Twist Spiral, ending in Fan L Angle Position



3.1.48.2 SYNCOPATED R SIDE LINK

Start: LF fwd, T turned out (Open Opp.; LH to RH)

Finish: RF to side (R Side Same; w/o Hold)

Timing: 2 3 4&1 2&3 (4)&1

When in R or L Side Same Pos. the following figures may be used.

The maximum duration is 6 bars (excluding the Foot Changes)

Ronde Chasse

Hip Twist Chasse

Slip Close Chasse

Time Step Chasse (RF and LF)

Whisk Chasse (RF and LF)

Running Chasse fwd (RF and LF)

Running Chasse bwd (RF and LF)

Cha Cha Lock fwd (RF and LF)

Cha Cha Lock bwd (RF and LF)

Three Cha Chas fwd (RF and LF)

Three Cha Chas bwd (RF and LF)

2 Walks and a fwd Lockstep (RF and LF)

Or Man's or Lady's steps of the following figures

Basic in Place

Time Step

There and Back

Close Basic

Open Basic

Spot Turn to R and L

Cuban Breaks to R and L

Split Cuban Breaks to R and L

Walks and Whisks



Three Cha Cha Chas to R and L

3.2 Rumba

- Close Basic Movement
- Open basic Movement
- New York to Right
- New York to Left
- Hand to Hand to Right
- Hand to Hand to Left
- Spot Turn to Right
- Spot Turn to Left
- Underarm Turn Turning Right
- Underarm Turn Turning Left
- Side Walks and Cucarachas
- Fan
- Open Hip Twist
- Open Hip Twist Finished to Side
- Hockey Stick
- Hockey Stick Finished to Side
- Opening Out
- Shoulder to Shoulder
- Alternative Basic Movement
- Close Hip Twist
- Close Hip Twist Finished to Side
- Alemana
- Alemana Finished to Side
- Progressive Forward Walks
- Progressive Forward Walks to Fan
- Aida
- Continuous Hip Twist
- Cuban Rocks
- Fencing to Spin
- Continuous Circular Hip Twist
- Syncopated Open Hip Twist
- Natural Top
- Reverse Top
- Curl
- Curl Finished to Side
- Spiral
- Spiral Finished to Side
- Spiral to Fan
- Three Alemanas



- Sliding Doors
- Three Threes
- Three Threes to Fan
- Rope Spinning
- Swivels
- Overturned Basic

For easier construction of basic choreography each figure has a description of the starting and finishing position (Man) and the timing. All the variations of the figure that may be used in choreography are described in the notes. When the figure is also known by another name, that name is given in the brackets.

3.2.1 CLOSE BASIC MOVEMENT

Start: LF fwd (Close Opp.; Normal Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: 2 3 4.1 2 3 4.1

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE -Couple Position: May be danced in Open Opposing position with appropriate hold

3.2.2 OPEN BASIC MOVEMENT

Start: LF fwd (Open Opp.; LH to RH hold)

Finish: RF fwd (Open Opp.; LH TO RH hold)

Timing: 2 3 4.1 2 3 4.1

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE -Lead-Hold-Shaping: May be danced without hold

3.2.3 NEW YORK TO R

Start: LF fwd (Left Side Same Pos.; LH to RH)

Finish: LF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1



3.2.4 NEW YORK TO L

Start: RF fwd (Right Side Same Pos.; RH to LH)

Finish: RF to side (Open Opp.; RH to LH)

Timing: 2 3 4.1

3.2.5 HAND TO HAND TO R

Start: RF bwd (Left Side Same Pos.; LH to RH)

Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4.1

3.2.6 HAND TO HAND TO L

Start: LF bwd (Right Side Same Pos.; RH to LH)

Finish: LF fwd (Open Opp.; RH to LH)

Timing: 2 3 4.1

3.2.7 SPOT TURN TO R

Start: LF fwd and slightly across (Left Side Same Pos.; no hold)

Finish: LF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1

3.2.8 SPOT TURN TO L

Start: RF fwd and slightly across (Right Side Same Pos.; no hold)

Finish: RF to side (Open Opp.; RH to LH)

Timing: 2 3 4.1

3.2.9 UNDERARM TURN TURNING R

Start: RF bwd (Left Diag. R Angle Pos.; LH to RH)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: 2 3 4.1



3.2.10 UNDERARM TURN TURNING L

Start: LF fwd and slightly across (Left Diag. Same; LH to RH)

Finish: LF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1

3.2.11 SIDE WALKS AND CUCARACHAS

Start: LF to side (Close Opp.; Normal hold)

Finish: RF closed to LF (Close Opp.; Normal hold)

Timing: 2 3 4.1 2 3 4.1 2 3 4.1 2 3 4.1

NOTE - General: Steps 1-3, 4-6, 7-9 or 10- 12 only may be used.
Man may dance Lady's steps and vice versa

3.2.12 FAN

Start: RF to bwd (L Diag. Opp.; RH releases hold)

Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2 3 4.1

NOTE - Couple Position: May end in Open Opp. Position

3.2.13 OPEN HIP TWIST

Start: LF fwd (Open Opp.; LH to RH)

Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2 3 4.1 2 3 4.1

NOTE - General: Steps 4-6 only may be used.

3.2.14 OPEN HIP TWIST FINISHED TO SIDE

Start: LF fwd (Open Opp.; LH to RH)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

NOTE - General: Steps 4-6 only may be used



3.2.15 HOCKEY STICK

Start: LF fwd (Fan L Angle; LH to RH)

Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

3.2.16 HOCKEY STICK FINISHED TO SIDE

Start: LF fwd (Fan L Angle; LH to RH)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

3.2.17 OPENING OUT

Start: LF to side (R Diag. R Angle; Release LH hold)

Finish: RF closed to LF (Close Opp.; RH to Lady's L shoulder blade)

Timing: 2 3 4.1 2 3 4.1

NOTE - General: Steps 1-3 or 4-6 only may be danced Man may close RF to LF on the preceding step

3.2.18 SHOULDER TO SHOULDER

Start: LF fwd (l Diag. Opp.; w/o Hold)

Finish: RF to side (Open Opp.; w/o Hold)

Timing: 2 3 4.1 2 3 4.1

NOTE - General: Steps 1-3 or 4-6 only may be used. Man may dance Lady's steps and vice versa.

3.2.19 ALTERNATIVE BASIC MOVEMENT

Start: LF closed to RF (Ex. Open Opp.; LH to RH)

Finish: LF to side (Close Opp.; Normal Hold)

Timing: 2 3 4.1

3.2.20 CLOSE HIP TWIST

Start: LF fwd (Back R Diag same; Normal Hold)



Finish: RF to side and slightly Fwd (Fan L Angle.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

3.2.21 CLOSE HIP TWIST FINISHED TO SIDE

Start: LF fwd (Back R Diag. same; Normal Hold)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

3.2.22 ALEMANA

Start: LF fwd (Fan L Angle; LH to RH)

Finish: RF fwd and slightly across body (R Diag. Opp.; Normal Hold)

Timing: 2 3 4.1 2 3 4.1

NOTE - General: Steps 4-6 only may be used.

NOTE - Couple position: May start in Open Opp. Position.

NOTE- General Action: Steps 1-2 for Man may be danced as a Cuban Rock Action.

Man may dance step 9 as a Side Walk or a Walk in Place depending on the following figure.

3.2.23 ALEMANA FINISHED TO SIDE

Start: LF fwd (Fan L Angle; LH to RH)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

NOTE - General: Steps 4-6 only may be used.

NOTE - Couple position: May start in Open Opp. Position.

NOTE- General Action: Steps 1-2 for Man may be danced as a Cuban Rock Action.

3.2.24 PROGRESSIVE FORWARD WALKS

Start: RF fwd (R Diag. Same; RH on Lady's R shoulder)



Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1 2 3 4.1

NOTE - General: Steps 4-9 only may be used.

NOTE - General Action: Lady may dance a Spiral Turn on step 6 and then continue as chart.

3.2.25 PROGRESSIVE FORWARD WALKS TO FAN

Start: RF fwd (R Diag. Same; RH on Lady's R shoulder)

Finish: Weight on RF (Fan L Angle; LH to RH)

Timing: 2 3 4.1 2 3 4.1 2 3 4.1

NOTE - General: Steps 4-9 only may be used.

NOTE - General Action: Lady may dance a Spiral Turn on step 6 and then continue as chart.

3.2.26 AIDA

Start: RF fwd (R Side. Same; RH to LH)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1 2& 3 4.1 2 3 4.1

NOTE - General Action: Lady may dance a Spiral Cross or Spiral Turn at the end of the preceding step and follow as chart. Man may replace steps 1-3 with 3 bwd Walks, having turned 1/4 to R on the preceding Step. Both Man and Lady may dance steps 1-3 as 3 BWD walks after a back Swivel on the preceding step (1/4 to R Man, 1/4 to L Lady)

3.2.27 CONTINUOUS HIP TWIST

Start: LF fwd, T turned out (Back R Diag. same; Normal Hold)

Finish: RF fwd and slightly across body (R Diag. Opp.; Normal Hold)

Timing: 2 3 4.1 2 3 4.1

NOTE - General Action: Steps 1-3 may be danced as a Cucaracha to L. Step 6 may be danced as RF closed to LF, in that case steps 4-6 will be a Cucaracha to R



3.2.28 CUBAN ROCKS

Start and Finish: RF or LF depending on the preceding figure

Timing: 2 3 4.1 or 2&3 4.1 (**SYNCOATED CUBAN ROCKS**)

NOTE - Couple Position/ General Action: Cuban Rocks and Syncopated Cuban Rocks may be danced sideways in Close Opp. or Open Opp. Position, or fwd or bwd in Open Opp. Position. Syncopated Cuban Rocks may also be danced following any figure that ends in Fan L Angle position. The Lady will dance a fwd and the Man a sideways Cuban rock action.

3.2.29 FENCING TO SPIN

Start: LF fwd (Fan L Angle; LH to RH)

Finish: RF to side (Open Opp.; Normal Hold or w/o hold)

Timing: 2 3 4.1 2 3 4.1 2.3 4.1

NOTE - General: Steps 1-6 only may be used

NOTE - General Action/: Steps 7-8 may be danced by one partner only, the other partner will dance a Syncopated Cuban Rock

When dancing only steps 1-6 Man and Lady may both turn and the end of step 6 Man 1 full turn to R, Lady to L) to end in Open or Close Opp. Position with free foot closed w/o weight.

Man may also lead the Lady to turn a full turn to L under his LH on step 6.

3.2.30 CONTINUOUS CIRCULAR HIP TWIST

Start: LF fwd (Back R Diag. same; RH to RH or Normal Hold)

Finish: RF to side (Fan L Angle.; LH to RH)

Timing: 2 3 4.1 2 3 4.1 2 3 4.1 2 3 4.1

NOTE - General: Steps 10 - 12 may be replaced by steps 4 -6 of Close Hip twist finished to side.

3.2.31 SYNCOATED OPEN HIP TWIST

Start: LF fwd (Open Opp.; LH to RH)

Finish: RF to side (Fan L Angle.; LH to RH)



Timing: 2 3 4.1 2& 3 4.1

NOTE - General: Steps 4-6 only may be used.

NOTE - Couple Position: May end in Open Opp. Position

NOTE - Timing: Alternative timing & 4.1 may be used on steps 3 and 4

3.2.32 NATURAL TOP

Start: RF crossed behind LF (Close Opp.; Normal Hold)

Finish: RF fwd and slightly across body OP (R Diag. Opp.; Normal Hold)

Timing: 2 3 4.1 2 3 4.1 2 3 4.1

NOTE - General: Steps 7-9 only may be used.

NOTE - General Action: Man may lead the Lady to dance a Spiral Action turning to L on step 4 turning under the Man's arm, or a Spiral Cross turning to R on step 3.

Man may dance step 9 as a Side Walk or a Walk in Place depending on the following figure.

3.2.33 REVERSE TOP

Start: LF in place (Close Opp.; Normal Hold)

Finish: RF to side (Close. Opp.; Normal Hold)

Timing: 2 3 4.1 2 3 4.1

NOTE - General: Steps 4-6 only may be used

NOTE - General Action/ Couple Position: Lady may dance two backward walks on steps 5-6 to finish in Fan L Angle Position
(OPENING OUT FROM REVERSE TOP)

3.2.34 CURL

Start: LF fwd (Open Opp.; LH to RH)

Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2 3 4.1 2 3 4.1



3.2.35 CURL FINISHED TO SIDE

Start: LF fwd (Open Opp.; LH to RH)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

3.2.36 SPIRAL

Start: LF to side (Back R Diag. Same; Normal Hold)

Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

3.2.37 SPIRAL FINISHED TO SIDE

Start: LF to side (Back R Diag. Same; Normal Hold)

Finish: RF to side (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

3.2.38 SPIRAL TO FAN

Start: LF to side (Back R Diag. Same; Normal Hold)

Finish: RF to side (Fan L Angle.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

3.2.39 THREE ALEMANAS

Start: LF fwd (Fan L Angle; LH to RH)

Finish: RF fwd and slightly across body (R Diag. Opp.; Normal Hold)

Timing: 2 3 4.1 2 3 4.1 2 3 4.1 2 3 4.1

NOTE - Couple position: May start in Open Opp. Position. May end in Open Opposing Pos. **NOTE - General Action:** Steps 1-2 for Man may be danced as a Cuban Rock Action.

3.2.40 SLIDING DOORS

Start: LF fwd (Fan L Angle; LH to RH)

Finish: RF closed to LF (R Side Same.; RH on Lady's R shoulder)



Timing: 2 3 4.1 2 3 4.1 2 3 4.1 2 3 4.1

NOTE - General: Steps 1- 6 only may be used. Steps 7 - 12 may be repeated.

NOTE - General Action/ Hold: When followed by the Spiral, it is danced without hold. Man may replace steps 4-6 of the Spiral with 3 Fwd walks.

3.2.41 ADVANCED SLIDING DOORS

Start: LF fwd (Back R Diag. Same; w/o Hold)

Finish: RF fwd and slightly across body (R Diag. Opp.; w/o Hold)

Timing: 2 3 4.1 2 3 4.1

3.2.42 THREE THREES

Start: LF fwd (Open Opp.; LH to RH)

Finish: RF fwd (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1 2 3 4.1 2 3 4.1

NOTE- General Action / Couple Position:

Alternative endings

- Lady may dance a Fwd Walk on step 9, turning ½ to R (Swivel) at the end of step 9 , followed by a Fwd Walk Turning, Wt Transfer in Place and Fwd Walk Turning to end in Open Opp. Position w/o Hold
- Lady may dance a Fwd Walk on step 9 followed by a Fwd Walk Turning ,Weight Transfer in Place and Fwd Walk to end in R Diag. Opp. Position w/o Hold or in Normal Hold

3.2.43 THREE THREES TO FAN

Start: LF fwd (Open Opp.; LH to RH)

Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2 3 4.1 2 3 4.1 2 3 4.1 2 3 4.1

NOTE - Couple Position: It may end in Open Opp. Position



3.2.44 ROPE SPINNING

Start: LF to side (R Diag. Opp.; LH to RH)

Finish: RF closed to LF (Close Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.1

NOTE- Couple Position: It may end in Open Opp. Position

NOTE - General Action/ Couple Position: Man May dance step 6 as a Side Walk or both dance step 6 as a step fwd and slightly across body OP to end in R Diag. Opp. Position

3.2.45 SWIVELS

Start: RF to side (L Diag. R Angle.; Normal Hold)

Finish: RF to side (Fan L Angle; LH to RH)

Timing: 2 3 4.1 2 3 4.1 2 3 4.

NOTE - Couple Position: It may end in Open Opp. Position

3.2.46 OVERTURNED BASIC

Start: LF fwd (Ext. Open Opp.; LH to RH)

Finish: LF bwd (Open Opp.; LH to RH)

Timing: 2 3 4.1 2 3 4.

NOTE - General: Steps 1-4 only may be used. After step 7 it is possible to follow with steps 4-6 of Alemana from Open Opp. Position, Curl, Open Hip Twist, Syncopated Open Hip Twist.....

3.2.47 FORWARD AND BACKWARD WALKS AMALGAMATIONS

NOTE - General: After any figure or part of figure that ends in Open Opp. Position a series of Fwd or Bwd walks may be danced for a maximum of 2 bars of music (6 walks).

When the Man is dancing Fwd Walks the Lady is dancing Bwd Walks and vice versa. The walks may curve to R or L.

Man and Lady may dance a series of Fwd Walks for a maximum of 2 bars (6 walks) in R Side or L Side Same Position (e.g. following a Hand to Hand).



3.3 Paso Doble

- Basic Movement
- Sur Place
- Chasses to R
- Drag
- Chasses to L
- Attack
- Huit
- Separation
- Natural Twist Turn
- Promenade
- Closed promenade
- Promenade Link
- Sixteen
- Promenade to Counter Promenade
- Grand Circle
- Banderillas
- Fallaway Reverse
- Fallaway Whisk
- Spanish Lines
- La Passe
- Syncopated Separation
- Flamenco Taps
- Twists
- Chasse Cape
- Chasse Cape Ending 1
- Chasse Cape Ending 2
- Chasse Cape Ending 3
- Travelling Spins from PP
- Travelling Spins from CPP
- Syncopated Coup de Pique
- Separation with Lady's Caping Walks
- Farol
- Fregolina
- Syncopated Chasse
- Left Foot Variation
- Coup de Pique (changing from LF to RF)
- Coup de Pique (changing from RF to LF)

For easier construction of basic choreography each figure has a description of the starting and finishing position (Man) and the timing. All the variations of the figure that may be used in



choreography are described in the notes. When the figure is also known by another name, that name is given in the brackets.

3.3.1 BASIC MOVEMENT

Start: RF Fwd (Close Opp.; Normal Hold)

Finish: LF fwd (Close Opp.; Normal Hold)

Timing: 1234 5678

NOTE - General: May start on LF. 2, 4 or 6 steps only may be used.

3.3.2 SUR PLACE

Start: RF in place (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: 1234

NOTE - General: Only 2 steps may be danced. It may start on LF.

NOTE - Timing: Alternative timing 12&34 or 1&234 may be used
(SYNCOPATED SUR PLACE)

Hesitation of 1 beat may be included with a duration of one beat -
timing 1.2 34 or 12 3.4

(ONE BEAT HESITATION)

3.3.3 CHASSES TO R

Start: RF to side (Close Opp.; Normal Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234

NOTE - General: Steps 1-2 only may be used. May start on LF

3.3.4 DRAG

Start: RF to side (Close Opp.; Promenade Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1(23)4



3.3.5 CHASSES TO L

Start: RF in place (Close Opp.; Normal Hold)

Finish: LF to side (Close Opp.; Normal Hold)

Timing: 1234

NOTE - General: Steps 1-2 only may be used

NOTE - Couple Position: May end in Close PP

NOTE- general Action: Appel may be used on step 1

3.3.6 ATTACK

Start: RF in place (Close Opp.; Normal Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234

NOTE - General: Step 1 may be replaced by a step taken Fwd
(**DEPLACEMENT**)

3.3.7 HUIT

Start: RF fwd and across body (Close Promenade; Promenade Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: 1234 5678

NOTE - General Action: Position held may be used instead of Sur Place during Man's steps 3-8.

3.3.8 SEPARATION

Start: RF in place (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: 1234 5678

NOTE - General: Steps 5-6 may be repeated



3.3.9 NATURAL TWIST TURN

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234 5678

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

3.3.10 PROMENADE

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234 5678

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

3.3.11 CLOSED PROMENADE (PROMENADE CLOSE)

Start: RF fwd and across (Close Promenade; Prom Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234

NOTE - General: Steps 1-2 only may be used.

3.3.12 PROMENADE LINK

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234

NOTE - General: Steps only may be used.



3.3.13 SIXTEEN

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: 1234 5678 1234 5678

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

NOTE - General Action: Position held may be used instead of Sur Place during Man's steps 8- 16

3.3.14 PROMENADE TO COUNTER PROMENADE

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: LF diag. fwd (Close Promenade; Promenade Hold)

Timing: 1234 5678

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

3.3.15 GRAND CIRCLE

Start: RF fwd and across (Close Promenade; Promenade Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234 5678

NOTE - General: Steps 1-6 only may be danced to end in PP. Steps 3-4 may be repeated or taken out.

3.3.16 BANDERILLAS

Start: RF in place (L Diag. Opp.; Prom Hold)

Finish: LF bwd (Close Opp.; Normal Hold)

Timing: 1234 5678 12345678

NOTE - Couple position: L Diag. Opp. Position (starting position) must be achieved at the end of preceding figure.



3.3.17 FALLAWAY REVERSE

Start: RF in place (Close Opp.; Normal Hold)

Finish: LF diag. fwd (Close Promenade; Promenade Hold)

Timing: 1234 5678

NOTE - General: It is possible to dance step 1 followed by steps 6-8 (**TELEMARK**)

It is possible to dance steps 1-6 followed by 1-2 of Chasse to R.

NOTE - General Action: Instead of the Appel on step 1 RF can be slipped bwd (Man) or LF fwd (Lady) and up to ½ of turn to L may be made on the step (**SLIP APPEL**)

3.3.18 FALLAWAY WHISK

Start: RF in place (Close Opp.; Normal Hold)

Finish: LF behind RF (Close Fallaway; Promenade Hold)

Timing: 1234

3.3.19 SPANISH LINES

Start: RF fwd and across (Close Prom; Promenade Hold)

Finish: RF in front of LF w/o weight (R Side Same w/o Hold)

Timing: 1234 5678

NOTE - General: Steps or only may be danced.

+

3.3.20 LA PASSE

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234 5678 1234 5678

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

3.3.21 SYNCOPATED SEPARATION

Start: LF in place (Close Opp.; Normal Hold)



Finish: RF bwd PO on L side (Close L Diag. Opp.; Normal Hold)

Timing: 1234 5678&1&23&4 5678

NOTE - General: Steps 7-8 may be omitted, or repeated

3.3.22 FLAMENCO TAPS

Start: LF in place (L Side Same w/o Hold or LH to RH Hold)

Finish: LF in front of RF w/o weight (L Side Same w/o Hold or LH to RH Hold)

Timing: 12&34

NOTE - General: May start with RF (Man)

NOTE - Timing/ General Action: Alternative timing 1&2&34 may be used (3 taps w/o weight). The first and the third tap are in Latin Cross position, second tap is with foot extended back

3.3.23 TWISTS

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: **Finish:** RF closed to LF (Close Opp.; Normal Hold)

Timing: 1234 5&678 &123&4

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

3.3.24 CHASSE CAPE

Start: RF to side and slightly bwd (Close Opp.; Normal Hold)

Finish: RF closed to LF w/o weight (Close Opp.; Normal Hold)

Timing: 1234 &5678 &1234 &5678 &a1 (23)4

NOTE - General: Steps 1-3 may be used as an alternative entry to PP.

Chasse Cape started from step 4 may be preceded by steps 1-7 of Promenade.

Alternative endings may be used after step 23 which may be held for one or three beats.



3.3.25 CHASSE CAPE ENDING 1

Start: LF in place (L Side Same; LH to RH Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234

NOTE - General Action / Timing: Step (Man and Lady) may be replaced by steps of Sur Place - alternative timing 12&34

3.3.26 CHASSE CAPE ENDING 2

Start: LF in place (L Side Same; LH to RH Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 12&34

3.3.27 CHASSE CAPE ENDING 3

Start: LF closed to RF (Open R Angle; LH to RH hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 12&34

NOTE - General Action: Step 1 may be danced as a Weight Transfer in place.

3.3.28 TRAVELLING SPINS FROM PP

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: LF diag. fwd (Close Promenade; Promenade Hold)

Timing: 1234 5678

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

NOTE - General Action / Timing: Lady may replace steps 4-5 with Continuous Spins Action, adding two more steps- timing 1234&5&678

3.3.29 TRAVELLING SPINS FROM CPP

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)



Finish: LF diag. fwd (Close Promenade; Promenade Hold)

Timing: 1234 5678 1234

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

NOTE - General Action / Timing: Lady may replace steps 8 -9 with Continuous Spins Action, adding two more steps- timing 12345678&1&234

3.3.30 SYNCOPATED COUP DE PIQUE

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234 56&78

NOTE - General: An alternative variation is to dance steps 3-5 (starting from PP or Closed Pos.) Close the feet on 6 and continue with steps 5-9- timing 1234 56&78

3.3.31 SEPARATION WITH LADY'S CAPING WALKS

Start: RF in place (Close Opp.; Normal Hold)

Finish: LF behind RF (Close Fallaway; Promenade Hold)

Timing: 1234 5.6 7.8 1234 5678

NOTE - General: Lady's steps 5-6 may be replaced by 4 steps of basic movement (5678).

Steps 11-14 may be replaced by chasse to R.

3.3.32 FAROL

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: Weight on LF (Close Opp.; Normal Hold)

Timing: 1234 5678 1234 5678 123a4

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

NOTE - General Action: Man may use Sur Place during Steps 9 - 18



3.3.33 FREGOLINA

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: Weight on LF (Close Opp.; Normal Hold)

Timing: 1234 5678 1234 5678 1234 5678 123a4

NOTE - General: It may start from step 3 when preceded by a figure that ends in PP.

NOTE - General Action: Man may use Sur Place during Steps 9 - 26.

3.3.34 SYNCOPATED CHASSE

Start: LF fwd (Close Opp.; Normal Hold)

Finish: LF closed to RF (Close Opp.; Normal Hold)

Timing: 12&34

NOTE - Couple Position: Step 1 may be taken in L Diag. Opp. Position OP.

3.3.35 LEFT FOOT VARIATION

Start: LF fwd (Close Opp.; Normal Hold)

Finish: **Finish:** LF closed to RF (Close Opp.; Normal Hold)

Timing: 1234 &5678

3.3.36 COUP DE PIQUE (CHANGING FROM LF TO RF)

Start: LF diag fwd (Close Opp. to Close PP; Normal Hold to Promenade Hold)

Finish: **Finish:** LF in place (Close Opp.; Normal Hold)

Timing: 123456

3.3.37 COUP DE PIQUE (CHANGING FROM RF TO LF)

Start: RF in place (Close Opp. to Close PP; Normal Hold to Promenade Hold)



Finish: RF closed to LF (Close Opp.; Normal Hold)

Timing: 123456

NOTE - General: Coup de Pique changing from RF to LF may be followed by Coup de Pique changing from LF to RF (**COUP DE PIQUE COUPLET**)

3.4 Samba

- Natural Basic Movement
- Reverse Basic Movement
- Progressive Basic Movement
- Side Basic Movement to L
- Side Basic Movement To R
- Outside Basic
- Samba Whisk to L
- Samba Whisk to R
- Stationary Samba Walks
- Promenade Samba Walks
- Side Samba Walk
- Reverse Turn
- Promenade to Counter Promenade Botafogos
- Side Samba Chasse
- Travelling Botafogo Forward
- Travelling Botafogo Backward to Promenade Position
- Criss Cross Botafogos
- Criss Cross Volta to R
- Criss Cross Volta to L
- Travelling Volta to R
- Travelling Volta to L
- Underarm Turn Turning R
- Underarm Turn Turning L
- Solo Spot Volta Turning L
- Solo Spot Volta Turning R
- Continuous Solo Spot Volta Turning L
- Continuous Solo Spot Volta Turning R
- Maypole - Lady turning R
- Maypole - Lady Turning L
- Cruzados Walks
- Cruzados Locks
- Continuous Cruzados Lock
- Dropped Volta
- Circular Voltas Turning R



- Circular Voltas Turning L
- Solo Circular Voltas Turning R
- Solo Circular Voltas Turning L
- Same Foot Botafogos
- Samba Locks Lady on L Side
- Samba Locks Lady on R Side
- Natural Roll
- Reverse Roll
- Close Rocks
- Open Rocks
- Backward Rocks
- Plait
- Corta Jaca
- Same Position Corta Jaca
- Double Spiral Turn
- Promenade to Counter Promenade Runs
- Drag
- Rolling off the Arm
- Carioca Runs
- Argentine Crosses
- Rhythm Bounce
- Foot Change Method 1
- Foot Change Method 2
- Foot Change Method 3

For easier construction of basic choreography each figure has a description of the starting and finishing position (Man) and the timing. All the variations of the figure that may be used in choreography are described in the notes. When the figure is also known by another name, that name is given in the brackets.

3.4.1 NATURAL BASIC MOVEMENT

Start: RF fwd (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: SaS SaS

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE -Timing: If used as a link between Natural and Reverse Roll, alternative timing of SQQ may be used with no bounce action.



3.4.2 REVERSE BASIC MOVEMENT

Start: LF fwd (Close Opp.; Normal Hold)

Finish: RF in place (Close Opp.; Normal Hold)

Timing: SaS SaS

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE -Timing: If used as a link between Natural and Reverse Roll, alternative timing of SQQ may be used

3.4.3 PROGRESSIVE BASIC MOVEMENT

Start: RF fwd (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: SaS SaS

NOTE - General: Steps 1-3 or 4-6 only may be used.

3.4.4 SIDE BASIC MOVEMENT TO L

Start: LF to side (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: SaS

3.4.5 SIDE BASIC MOVEMENT TO R

Start: RF to side (Close Opp.; Normal Hold)

Finish: RF in place (Close Opp.; Normal Hold)

Timing: SaS

3.4.6 OUTSIDE BASIC

Start: RF fwd (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: SaS SaS SaS SaS

NOTE - General: Parts of the figure may be used on their own depending on the preceding or following figure.



3.4.7 SAMBA WHISK TO LEFT

Start: LF to side (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: SaS

3.4.8 SAMBA WHISK TO RIGHT

Start: RF to side (Close Opp.; Normal Hold)

Finish: RF in place (Close Opp.; Normal Hold)

Timing: SaS

NOTE - Couple Position: May end in PP

3.4.9 STATIONARY SAMBA WALKS

Start: Instep of LF to T of RF (Open Opp.; LH to RH and RH to LH Hold)

Finish: RF slipped slightly bwd (Open Opp.; LH to RH and RH to LH Hold, LH to RH Hold)

Timing: SaS SaS

NOTE - General: Steps 1-3 or 4-6 only may be used. When dancing a Stationary Samba Walk Man may lead Lady to turn (Spot Volta making a complete turn) under raised arm.

NOTE - Hold: Normal Hold can be used through this figure.

3.4.10 PROMENADE SAMBA WALKS

Start: LF fwd (R Side Same; Promenade Hold)

Finish: LF slipped bwd (R Side Same; Promenade Hold)

Timing: SaS SaS

NOTE - General: Steps 1-3 or 4-6 only may be used.

3.4.11 SIDE SAMBA WALK

Start: RF fwd (R Side Same; Promenade Hold)

Finish: RF slipped leftwards (R Side Same; Promenade Hold)



Timing: SaS

NOTE - General: Man can start with LF and dance the Lady's steps and the Lady starts with RF and dances the Man's steps when starting from L Side Same Pos.

NOTE - Quantity of Turn and Couple Position: $\frac{1}{4}$ to R (Lady L) can be made to finish in Open Opposing Position or $\frac{1}{8}$ to R (Lady L) to end in Open Promenade position. The hold will change according to the next figure

3.4.12 REVERSE TURN

Start: RF fwd (Close Opp.; Normal Hold)

Finish: RF closed to LF (Close Opp.; Normal Hold)

Timing: SaS SaS

NOTE - General: Steps 1-3 or 4-6 may be used.

NOTE - Timing: Alternative timing SQQ SQQ may be used.

NOTE - Hip Design: The Lady may straighten her knees with pelvis tilted bwd at the end of step 3.

3.4.13 PROMENADE TO COUNTER PROMENADE BOTAFOGOS

Start: LF fwd (Close Opp.; Normal Hold)

Finish: LF in place (R Side Same; Promenade Hold)

Timing: SaS SaS SaS

NOTE - General: Steps 1-3, 1-6, 4-6 or 4-9 only may be used.

NOTE - Quantity of turn: It is possible to dance steps 1-3 only, and in this case the Quantity of turn will be $\frac{1}{4}$ to L for Man and $\frac{1}{4}$ to R for Lady.

3.4.14 SIDE SAMBA CHASSE

Start: LF to side (Close Opp.; Normal Hold)

Finish: RF closed to LF (Close Opp.; Normal Hold)

Timing: QQQQ SS

NOTE - General: Man may dance Lady's steps and vice versa.

NOTE - Quantity of turn: May turn up to $\frac{1}{4}$ to L or R.



NOTE - Couple position: Open Opp (LH to RH Hold or w/o Hold) may also be used.

3.4.15 TRAVELLING BOTAFOGO FORWARD

Start: LF fwd (Close Opp.; Normal Hold)

Finish: LF in place (R Diag Opp.; Normal Hold)

Timing: SaS SaS SaS

NOTE - General: Steps 1-3, 4-6 or 4-9 only may be used.

3.4.16 TRAVELLING BOTAFOGO BACKWARD TO PP

Start: RF bwd (Close Opp.; Normal Hold)

Finish: LF in place (R Side Same; Promenade Hold)

Timing: SaS SaS SaS SaS

NOTE - General: Steps 1-3 or 1-6 only may be used.

3.4.17 CRISS CROSS BOTAFOGOS (SHADOW BOTAFOGOS)

Start: LF fwd (Ex. Open Prom; LH to RH Hold)

Finish: RF in place (Ex Open Prom; LH to RH Hold)

Timing: SaS SaS

NOTE - General: Steps 1-3 or 4-6 only may be used.

3.4.18 CRISS CROSS VOLTAS TO RIGHT

Start: LF crossed in front of RF (Ex Open Prom; LH to RH Hold)

Finish: Weight on L foot (Open Opp.; LH to RH Hold)

Timing: SaSaSaS

NOTE - General: The last 2 steps of the Criss Cross Volta may be danced as the last 2 steps of a Botafogo (Botafogo ending) when followed by Travelling Volta to L.

NOTE - Quantity of turn/Couple position: It can be turned only $\frac{1}{4}$ to L (Man) and $\frac{1}{4}$ to R (Lady) to end in Extended Open CPP.

NOTE - Couple Position: It may end in Close Opp. Position- Normal Hold



3.4.19 CRISS CROSS VOLTAS TO LEFT

Start: RF crossed in front of LF (Ex Open Cnt Prom; LH to RH Hold)

Finish: RF crossed in front of LF (Open Opp.; LH to RH Hold)

Timing: SaSaSaS

NOTE - General: The last 2 steps of the Criss Cross Volta may be danced as the last 2 steps of a Botafogo (Botafogo ending) when followed by Travelling Volta to R.

NOTE - Quantity of turn/Couple position: It can be turned only $\frac{1}{4}$ to R (Man) and $\frac{1}{4}$ to L (Lady) to end in Extended Open CPP.

NOTE - Couple Position: It may end in Close Opp. Position - Normal Hold

3.4.20 TRAVELLING VOLTA TO RIGHT

Start: LF crossed in front of RF (Open Opp.; Normal Hold)

Finish: LF crossed in front of RF (Open Opp.; Normal Hold)

Timing: SaS

NOTE - General: Steps 2-3 can be repeated. It may start from step 2. The last 2 steps of the Travelling Volta may be danced as the last 2 steps of a Botafogo (Botafogo Ending) when followed by Travelling Volta to L.

NOTE - Hold: LH to RH Hold may be used.

3.4.21 TRAVELLING VOLTA TO LEFT

Start: RF crossed in front of LF (Open Opp.; Normal Hold)

Finish: RF crossed in front of LF (Open Opp.; Normal Hold)

Timing: SaS

NOTE - General: Steps 2-3 can be repeated. It may start from step 2. The last 2 steps of the Travelling Volta may be danced as the last 2 steps of a Botafogo (Botafogo ending) when followed by Travelling Volta to R.

NOTE - Hold: LH to RH Hold may be used.



3.4.22 UNDERARM TURN TURNING RIGHT (VOLTA SPOT TURN TO R FOR LADY)

Start: LF to side (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

Timing: SaS

NOTE - General: Man may at the same time dance the Lady's steps of Underarm Turn turning L, in which case the figure will be named **SOLO SPOT VOLTA TURNING LEFT (3.4.24)**

NOTE - General/ Timing: They may both dance a Volta Spot Turn with timing 1a2a3a4 making 2 full turns in which case the figure will be named **CONTINUOUS SOLO SPOT VOLTA TURNING LEFT (3.4.26)**

NOTE - Hold: LH to RH Hold may be used.

3.4.23 UNDERARM TURN TURNING LEFT (VOLTA SPOT TURN TO L FOR LADY)

Start: RF to side (Close Opp.; Normal Hold)

Finish: RF in place Close Opp.; Normal Hold)

Timing: SaS

NOTE - General: Man may at the same time dance the Lady's steps of Underarm Turn turning L, in which case the figure will be named **SOLO SPOT VOLTA TURNING RIGHT (3.4.25)**

NOTE - General/ Timing: They may both dance a Volta Spot Turn with timing 1a2a3a4 making 2 full turns in which case the figure will be named **CONTINUOUS SOLO SPOT VOLTA TURNING RIGHT (3.4.27)**

NOTE - Hold: LH to RH Hold may be used.

3.4.24 SOLO SPOT VOLTA TURNING LEFT

See 3.4.22 UNDERARM TURN TURNING RIGHT (VOLTA SPOT TURN TO R FOR LADY)

3.4.25 SOLO SPOT VOLTA TURNING RIGHTH

See 3.4.23 UNDERARM TURN TURNING LEFT (VOLTA SPOT TURN TO L FOR LADY)



3.4.26 CONTINUOUS SOLO SPOT VOLTA TURNING LEFT

See 3.4.22 UNDERARM TURN TURNING RIGHT (VOLTA SPOT TURN TO R FOR LADY)

3.4.27 CONTINUOUS SOLO SPOT VOLTA TURNING RIGHT

See 3.4.23 UNDERARM TURN TURNING LEFT (VOLTA SPOT TURN TO L FOR LADY)

3.4.28 MAYPOLE - LADY TURNING RIGHT (CONTINUOUS VOLTA SPOT TURN TO R)

Start: LF crossed in front of RF (Ex Open Prom; LH to RH Hold)

Finish: LF crossed in front of RF (Open Opp.; LH to RH Hold)

Timing: SaSaSaS

NOTE - General: The last 2 steps of the Maypole Lady Turning R may be danced as the last 2 steps of a Botafogo (Botafogo Ending) when followed by Travelling Volta to L or Maypole - Lady turning L

NOTE - Couple position: May end in Close Opp. position

3.4.29 MAYPOLE - LADY TURNING LEFT (CONTINUOUS VOLTA SPOT TURN TO L)

Start: RF crossed in front of LF (Ex Open Prom; LH to RH Hold)

Finish: Weight on R foot (Open Opp.; LH to RH Hold)

Timing: SaSaSaS

NOTE - General: The last 2 steps of the Maypole Lady Turning L may be danced as the last 2 steps of a Botafogo (Botafogo Ending) when followed by Travelling Volta to R or Maypole-Lady turning R

NOTE - Couple position: May finish in R Side Same Pos with Both Hand Hold. May end in Close Opp. position

3.4.30 CRUZADOS WALKS

Start: LF fwd (R Diag Same; w/o Hold)

Finish: RF fwd (R Diag Same; w/o Hold)



Timing: SS

NOTE - General: It may start with the RF.

NOTE - General/ Timing: Cruzado Walk on RF may be followed by steps 3-7 of Continuous Cruzados Lock starting with LF, Cruzado Walk on LF may be followed by steps 3-7 of Continuous Cruzados Lock starting with RF Timing: SQQQQS

3.4.31 CRUZADOS LOCKS

Start: LF fwd (R Diag Same; w/o Hold)

Finish: RF fwd (R Diag Same; w/o Hold)

Timing: QQS QQS

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE - Couple Position: 1-3 of Cruzados Locks may be danced in R Side Same Position

(Promenade Hold) on opposite foot.

NOTE - General/ Timing: May be danced as a **CONTINUOUS CRUZADOS LOCKS (3.4.32)** by repeating steps 1-2 three times - Timing QQQQQQS. If started on LF (Man) it may be danced in R Side Same Position (Promenade Hold) on opposite foot.

3.4.32 CONTINUOUS CRUZADOS LOCKS

See 3.4.31 CRUZADOS LOCKS

3.4.33 DROPPED VOLTA

Start: LF fwd (R Side Same; Promenade Hold)

Finish: RF crossed in front of LF (Close Opp.; Normal Hold)

Timing: &S(S)

NOTE - General: It may be danced starting with RF (Man) and LF (Lady).

NOTE - Hold: LH to RH Hold may be used.



3.4.34 CIRCULAR VOLTAS TURNING RIGHT (ROUNABOUT TO RIGHT)

Start: RF crossed in front of LF (R Diag Opp.; Normal Hold)

Finish: RF in place (L Diag Opp.; Normal Hold)

Timing: SaSaSaS

NOTE - General: During steps 1-5 Sway to L (Lady R) may be used.

The Man may dance a Circular Volta Turning R and the Lady a Circular volta Turning L starting in Close Opp.Position making 1 full turn, in that case the figure is called **SOLO CIRCULAR VOLTAS TURNING RIGHT (3.4.36)**

3.4.35 CIRCULAR VOLTAS TURNING LEFT (ROUNABOUT TO LEFT)

Start: LF crossed in front of RF (L Diag Opp.; Normal Hold)

Finish: LF in place (R Diag Opp.; Normal Hold)

Timing: SaSaSaS

NOTE - General: During steps 1-5 Sway to R (Lady L) may be used.

The Man may dance a Circular Volta Turning L and the Lady a Circular Volta Turning R starting in Close Opp.Position, making 1 full turn, in that case the figure is called **SOLO CIRCULAR VOLTAS TURNING L (3.4.37)**

3.4.36 SOLO CIRCULAR VOLTAS TURNING R

See 3.4.34 CIRCULAR VOLTAS TURNING RIGHT (ROUNABOUT TO RIGHT)

3.4.37 SOLO CIRCULAR VOLTAS TURNING L

See 3.4.35 CIRCULAR VOLTAS TURNING LEFT (ROUNABOUT TO RIGHT)

3.4.38 SAME FOOT BOTAFOGOS (CONTRA BOTAFOGOS)

Start: RF fwd OP on R side (R Diag Opp.; LH to RH and RH to LH Hold)

Finish: LF in place (R Diag Opp.; LH to RH and RH to LH Hold)

Timing: SaS SaS



NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE - Hold: Normal Hold or RH to RH (LH to LH) Hold may be used.

3.4.39 SAMBA LOCKS LADY ON LEFT SIDE

Start: RF fwd (L Side Same; LH to RH Hold)

Finish: RF fwd (L Side Same; LH to RH Hold)

Timing: QQS QQS QQS

NOTE - General: Steps 1-3 or 1-6 only may be used.

3.4.40 SAMBA LOCKS LADY ON RIGHT SIDE

Start: LF fwd (R Side Same; RH to LH Hold)

Finish: LF fwd (R Side Same; RH to LH Hold)

Timing: QQS QQS QQS

NOTE - General: Steps 1-3 or 1-6 only may be used.

3.4.41 NATURAL ROLL

Start: RF diag fwd (Close Opp.; Normal Hold)

Finish: LF closes to RF (Close Opp.; Normal Hold)

Timing: SQQ SQQ

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE - Quantity of turn: Less turn can be made on steps 1-3 and 4-6.

NOTE - Couple Position: Bodies are in contact.

3.4.42 REVERSE ROLL

Start: LF diag fwd (Close Opp.; Normal Hold)

Finish: RF closed to LF (Close Opp.; Normal Hold)

Timing: SQQ SQQ

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE - Couple Position: Bodies are in contact.



3.4.43 CLOSE ROCKS

Start: RF fwd (Close Opp.; Normal Hold)

Finish: LF crossed behind RF (L Diag Opp.; Normal Hold)

Timing: SQQ SQQ

NOTE - General: Steps 1-3 or 4-6 only may be used.

3.4.44 OPEN ROCKS

Start: RF Fwd (Close Opp.; Normal Hold)

Finish: RF crossed behind LF (R Diag R Angle; Release LH Hold)

Timing: SQQ SQQ SQQ

NOTE - General: Steps 1-3, 4-6 or 1-6 only may be used.

3.4.45 BACKWARD ROCKS

Start: RF bwd (Close Opp.; Normal Hold)

Finish: LF in Place (Close Opp.; Normal Hold)

Timing: SQQ SQQ

NOTE - General: Steps 1-3 or 4-6 only may be used.

3.4.46 PLAIT

Start: LF bwd, small step, LK bent, RK straight) (Open Opp.; LH to RH Hold)

Finish: LF bwd, small step, LK bent, RK straight (Open Opp.; LH to RH Hold)

Timing: SS QQS

NOTE - General: Plait may start with RF (Man) and LF (Lady)

NOTE - Lead-Hold-Shaping: When Plait is preceded by a figure that ends in Normal hold, the change of Hand hold should happen on step 1.



3.4.47 CORTA JACA

Start: RF fwd (Open Opp.; Normal Hold)

Finish: RF slipped rightwards (Open Opp.; Normal Hold)

Timing: SQQ QQQQ

NOTE - General: After step 7, Man may dance Lady's steps 1-7 (Lady dances Man's steps 1-7).

NOTE - Lead-Hold-Shaping: LH for Man and RH for Lady may be lowered

3.4.48 SAME POSITION CORTA JACA

Start: LF fwd (LK straight) (R Side Same; RH of Man to Lady's R shoulder)

Finish: RF in place (R Side Same; RH of Man to Lady's R shoulder)

Timing: QQQQ QQQQ QQQQ QQQQ

NOTE - General: In this type of Corta Jaca it is possible to repeat steps 1-4.

3.4.49 DOUBLE SPIRAL TURN (THREE STEP TURN)

Start: Instep of LF closed to T of RF (R Side Same; LH to RH Hold)

Finish: LF slipped slightly Bwd (L Side Same; LH to RH Hold)

Timing: SaS (Lady QQS)

3.4.50 PROMENADE TO COUNTER PROMENADE RUNS

Start: RF fwd OP (R Diag Opp.; preceding figure; LH to RH Hold)

Finish: RF fwd and across body (R Side Same; Release LH Hold)

Timing: 123 123 123 123

NOTE - Timing: Alternative Timing may be used (QQS QQS QQS or SaS SaS SaS)

NOTE - Foot Placement: Step 1 can be taken FWD between Lady's feet. When taken to side (RF Man, LF Lady) in Close Opp with LH to RH Hold, the alignment of this step for the Man will be Facing W (Lady Facing C).



NOTE - General Action: On steps 1 and 7 the Lady may finish in a Spiral Cross Position.

3.4.51 DRAG

Start: RF bwd and slightly to side (Close Opp or Open Opp.; Hold: according to the previous figure)

Finish: LF side and slightly fwd (R Diag. Opp.; Hold: according to the previous figure)

Timing: SS

NOTE- Couple Position: It may start in Close Opposing and Open Opposing Position.

3.4.52 ROLLING OFF THE ARM

Start: LF to side (R Side Same; Shadow Hold)

Finish: RF in place (R Side Same; Shadow Hold)

Timing: SaS SaS (S&aS S&aS Lady)

NOTE - General: Man's steps 4-6 and Lady's 5-8 may be substituted with a foot change to end in R Diagonal Same Pos on LF.

NOTE - Foot Placement: After step 4, Lady can dance steps 5-6-7 diag. Fwd and make an additional ½ turn to L on step 7, to Follow with Reverse Turn.

3.4.53 CARIOCA RUNS

Start: LF to side and slightly bwd (Open Opp.; w/o Hold)

Finish: LF fwd w/o weight, weight on R foot (Open Opp.; w/o Hold)

Timing: QQQQ QQQQ

NOTE - General: Man may dance the Lady's steps and vice versa.
Steps 1-4 or 5-8 only may be danced

NOTE - Timing: Alternative timing aS aS may be used

3.4.54 ARGENTINE CROSSES

Start: RF crossed in front of LF (Close Opp.; Normal Hold)



Finish: LF to side (Close Opp.; Normal Hold)

Timing: SaS SaS SaS SaS

NOTE - General: May start from step 4. Steps 1-6, 1-9 or 4-9 only may be used.

3.4.55 RHYTHM BOUNCE

NOTE - General: Kick Ball Change may be used in place of Rhythm Bounce by both Man and Lady

3.4.56 FOOT CHANGE METHOD 1 - LF FORWARD

Start: LF fwd (preceding figure)

Finish: RF closed to LF

Timing: SS

NOTE - General: Lady dances Volta Spot Turn to R or L, Botafogo on RF, Botafogo on LF or Three Step Turn to R or L.

NOTE - Quantity of turn: The Quantity of Turn may vary depending on the preceding and following figure.

3.4.57 FOOT CHANGE METHOD 2 - RF FORWARD

Start: RF fwd

Finish: LF closed to RF

Timing: SS

NOTE - General: General: Lady dances Volta Spot Turn to R or L, Botafogo on RF, Botafogo on LF or Three Step Turn to R or L.

NOTE - Quantity of turn: The Quantity of Turn may vary depending on the preceding and following figure.

3.4.58 FOOT CHANGE METHOD 3 - KICK BALL CHANGE

Start: RF kick fwd

Finish: LF in place

Timing: SaS



NOTE - General: General: Lady dances Volta Spot Turn to R or L, Botafogo on RF, Botafogo on LF or Three Step Turn to R or L.

Man may replace Kick Ball Change action with a RF point fwd and point bwd.

NOTE - Quantity of turn: The Quantity of Turn may vary depending on the preceding and following figure.

3.4.59 FIGURES AND ACTIONS THAT MAY BE USED IN RIGHT SIDE SAME OR RIGHT DIAGONAL SAME POSITION

(Weight on same foot- Man and Lady dancing the same steps- Man's or Lady's)

- Travelling Volta to R
- Travelling Volta to L
- Circular Volta to R
- Circular Volta to L
- Spot Volta to L
- Spot Volta to R
- Continuous Spot Volta to R
- Continuous Spot Volta to L
- Corta Jaca
- Travelling Botafogos Forward
- Stationary Samba Walks
- Promenade Samba Walks
- Carrioca Runs
- Side Samba Chasse
- Samba Whisk to R and L
- Dropped Volta
- Rhythm Bounce

3.5 Jive

- Basic in Place
- Basic in Fallaway
- Change of Place from R to L
- Change of Place from L to R
- American spin
- Change of Place behind the Back
- Link
- Whip



- Promenade Walks - Slow
- Promenade Walks - Quick
- Fallaway Throwaway
- Change of Place from R to L with Double Spin
- Overturned Change of Place from L to R
- Double Cross Whip
- Throwaway Whip
- Reverse Whip
- Curly Whip
- Overturned Fallaway Throwaway
- Stop and Go
- Hip Bump
- Windmill
- Mooch
- Spanish Arms
- Chicken Walks
- Rolling off the Arm
- Simple Spin
- Rock to Simple Spin
- Flicks into Break
- Toe Heel Swivels
- Sugar Push
- Miami Special
- Shoulder Spin
- Chugging
- Catapult
- Ball Change
- Stalking Walks, Flicks into Break

For easier construction of basic choreography each figure has a description of the starting and finishing position (Man) and the timing. All the variations of the figure that may be used in choreography are described in the notes. When the figure is also known by another name, that name is given in the brackets.

3.5.1 BASIC IN PLACE

Start: LF in place (Close Opp.; Normal Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: QQ QaQ QaQ

NOTE - General: May start from step 3.



NOTE - Couple position/Lead-Hold-Shaping: This figure may be danced in Open Opp. with LH to RH Hold, double hold or without hold.

3.5.2 BASIC IN FALLAWAY

Start: LF bwd (Close Fallaway; Prom Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: QQ QaQ QaQ

NOTE - General: May start from step 3.

NOTE - Couple position/Lead-Hold-Shaping: This figure may be danced in Open Opp with LH to RH Hold, double hold or without hold.

3.5.3 CHANGE OF PLACE FROM RIGHT TO LEFT

Start: LF bwd (Close Fallaway; Prom Hold)

Finish: RF Fwd and slightly to side (Close Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ

NOTE - General: May start from step 3.

3.5.4 CHANGE OF PLACE FROM LEFT TO RIGHT

Start: LF bwd (Open Opp.; LH to RH Hold)

Finish: RF fwd (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ

NOTE - General: May start from step 3.

NOTE - Lead-Hold-Shaping: RH to RH Hold may be used. In this case the RH to RH Hold may pass over the Man's head and placed on his neck over steps 3-5 then released to take LH to RH Hold over steps 6-8, or simply changed to LH to RH Hold. The hold may also be released at the end of step 2 and regained on step 6.

NOTE - Couple position/ General Action: Steps 6-8 may be replaced by a Jive Ronde Chasse (both Man and Lady) to end in L Side Same Pos as a precede to Simple Spin.



3.5.5 AMERICAN SPIN

Start: LF bwd (Open Opp.; RH to RH Hold)

Finish: RF Diag. fwd (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ

NOTE - General: May start from step 3.

NOTE - Lead-Hold-Shaping: LH to RH Hold may be used. Lady may turn under Man's LH or RH on step 5.

3.5.6 CHANGE OF PLACE BEHIND THE BACK

Start: LF bwd (Open Opp.; LH to RH Hold)

Finish: RF to side (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ

NOTE - General: May start from step 3.

NOTE - Lead-Hold-Shaping: Alternatively man may place Lady's RH on his waist on step 5, release the hold and allow the Lady's hand to trail around his waist, regaining LH to RH hold at the end of the turn.

3.5.7 LINK

Start: LF bwd (Open Opp.; LH to RH Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: QQ QaQ QaQ

NOTE - General: Steps 1-5 only may be used.

May start from step 3

3.5.8 WHIP

Start: RF crossed behind LF (Open Opp.; Normal Hold)

Finish: RF to side (Close Opp.; Normal Hold)



Timing: QQ QaQ

NOTE - General: More or less turn may be made.

3.5.9 PROMENADE WALKS - SLOW

Start: LF bwd (Close Fallaway; Prom Hold)

Finish: RF fwd (Close Opp.; Normal Hold)

Timing: QQ QaQ QaQ

NOTE - General: Steps 3-5 or 3-8 may be repeated. It may start from step 3.

3.5.10 PROMENADE WALKS - QUICK

Start: LF bwd (Close Fallaway; Prom Hold)

Finish: RF closed to LF, weight on LF (Close Prom; Normal Hold)

Timing: QQ QQQQ

NOTE - General: Steps 3-4 or 3-6 may be repeated. It may start from step 3.

NOTE - Quantity of turn: It may turn up to $\frac{1}{4}$ to L

3.5.11 FALLAWAY THROWAWAY

Start: LF bwd (Close Fallaway; Prom Hold)

Finish: RF fwd and slightly to side (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ

NOTE - General: May start from step 3.



NOTE - Couple position: May start in Open Opposing Position with LH to RH or RH to RH Hold.

NOTE - General Action: Man may replace the Rock Action (steps 1-2) with a Side Rock

3.5.12 CHANGE OF PLACE FROM RIGHT TO LEFT WITH DOUBLE SPIN

Start: LF bwd (Close Fallaway; Prom Hold)

Finish: RF fwd and slightly to side (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ

NOTE - General: May start from step 3.

3.5.13 OVERTURNED CHANGE OF PLACE FROM LEFT TO RIGHT

Start: LF bwd (Open Opp.; LH to RH Hold)

Finish: RF fwd (Open Same; LH to RH Hold)

Timing: QQ QaQ QaQ

NOTE - General: May start from step 3.

3.5.14 DOUBLE CROSS WHIP

Start: RF crossed behind LF (Close Opp.; Normal Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: QQQQ QaQ

3.5.15 THROWAWAY WHIP

Start: RF crossed behind LF (Close Opp.; Normal Hold)

Finish: RF to side (Open Opp.; LH to RH Hold)

Timing: QQ QaQ

NOTE - General: Steps 1-2 may be repeated.



3.5.16 REVERSE WHIP

Start: LF bwd (Close Fallaway; Prom Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: QQ QaQ QQ QaQ

NOTE - General: May start from step 3.

NOTE - General: Steps 6-7 may be repeated

NOTE - General Action: Man may replace the Rock Action (steps 1-2) with a Side Rock

3.5.17 CURLY WHIP

Start: LF bwd (Open Opp.; LH to RH Hold)

Finish: LF to side (Close Opp.; Normal Hold)

Timing: QQ QaQ

NOTE - General: May be followed by a Jive Chasse to side as a choreographic link.

NOTE - Couple position/Lead-Hold-Shaping: Steps 1-2 may also be danced in Normal Hold in Close Opp. Pos, in which case Man will dance a Checked Fwd Step on step 1.

3.5.18 OVERTURNED FALLAWAY THROWAWAY

Start: LF bwd (Close Fallaway; Prom Hold)

Finish: RF fwd and across body (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ

NOTE - General: It may start from step 3.

NOTE - Couple position: May start in Open Opposing Position with LH to RH Hold or RH to RH Hold (Man changes to LH to RH hold at the end of step 5)

NOTE - General Action: Lady may replace steps 3-5 with a Running Chasse or Chasse Fwd. Man may replace the Rock Action (steps 1-2) with a Side Rock

3.5.19 STOP AND GO

Start: LF bwd (Open Opp.; LH to RH Hold)



Finish: RF diag. fwd (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QQ QaQ

NOTE - General: May start from step 3.

NOTE - Lead-Hold-Shaping: Man may release hold on step 2. He puts the RH on Lady's back or shoulder on step 4-5, release on step 6 and takes LH to RH hold on step 10.

3.5.20 HIP BUMP

Start: LF bwd (Open Opp.; LH to RH Hold)

Finish: RF diag., fwd to end RF bwd (Open Opp.; LH to RH Hold)

Timing: QQQQ QaQ

NOTE - General: It may start from step 3. Steps 3-4 may be replaced by a Jive Chasse.

3.5.21 WINDMILL

Start: LF bwd (Open Opp.; LH to RH and RH to LH Hold)

Finish: RF to side and slightly fwd (Open Opp.; LH to RH and RH to LH Hold)

Timing: QQ QaQ QaQ

NOTE - General: It may start from step 3.

NOTE - General Action: Lady may dance a Running Chasse action on steps 3-5.

3.5.22 MOOCH

Start: LF bwd (Close Opp.; Normal Hold)

Finish: RF to side (Close Opp.; Normal Hold)

Timing: QQQQ QQQQ QaQ QQQQ QQQQ QaQ

NOTE - General: Steps 1-11 or 12-22 only may be used.

NOTE - General Action: Flicks may be replaced by a Kicking action.

3.5.23 SPANISH ARMS

Start: LF bwd (Open Opp.; LH to RH and RH to LH Hold)



Finish: RF slightly fwd (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ QQ QaQ QaQ

NOTE - General: Steps 1-8 or 9-16 only may be used.

3.5.24 CHICKEN WALKS

Start: LF slightly bwd, weight on RF (Open Opp.; LH to RH Hold)

Finish: RF slightly bwd, weight on LF (Close Opp.; LH to RH Hold)

Timing: SSSS

NOTE - General: Steps 1-2 may be repeated

NOTE - Timing: This figure may be danced QQQQ or SSQQQQ repeating steps 3 and 4. Any other suitable combination of Q and S may be used.

3.5.25 ROLLING OFF THE ARM

Start: LF bwd (Open Opp.; RH to RH Hold)

Finish: RF diag.fwd (Open Opp.; RH to RH Hold)

Timing: QQ QaQ QQ QaQ

NOTE - Lead-Hold-Shaping: RH to LH Hold may be used through this figure. Double Hold may also be used, releasing the hold with LH on step 7.

NOTE - General Action/Quantity of turn: The Lady may be lead to increase the Quantity of Turn over steps 7-10 by 1 whole turn, replacing a Jive chased with Volta Cross Chasse (Double Spin)

3.5.26 SIMPLE SPIN

Start: LF closed to RF (Open Opp.; Release Hand Hold)

Finish: RF closed to LF (Open Opp.; LH to RH Hold)

Timing: QQ

NOTE - Couple Position/ General Action: may start in Open Same Position or L Side Same position. When starting in L Side Same position Man may dance Lady's steps starting with RF and turning to L.



3.5.27 ROCK TO SIMPLE SPIN

Start: LF bwd (Open Opp.; LH to RH Hold)

Finish: RF closes to LF (Open Opp.; LH to RH Hold)

Timing: QQQQ

NOTE - General: RH to RH Hold or RH to LH Hold may be used

3.5.28 FLICKS INTO BREAK

Start: LF bwd (Open Opp.; LH to RH and RH to LH Hold)

Finish: RF fwd and across body (Open Prom; LH to RH and RH to LH Hold)

Timing: QQQQ QQQQ aQ(QQ)aQ

3.5.29 TOE HEEL SWIVELS

Start: LF bwd (Open Opp.; LH to RH and RH to LH Hold)

Finish: RF fwd and across body (Open Prom; LH to RH and RH to LH Hold)

Timing: QQ QQS QQS

NOTE - General: Steps 3-8 may be repeated

NOTE - General Action/ Timing: Last step may be followed by a Break Action timed (1)a2

NOTE - Timing: The following alternative timing may be used: QQ QQQ QQQ.

3.5.30 SUGAR PUSH

Start: Position Held; Weight on RF (Open Opp.; LH to RH Hold)

Finish: RF fwd and slightly across body (Open Opp.; LH to RH Hold)

Timing: QaQ QQ QaQ

NOTE - General: May start from step 4.

NOTE - General Action: Steps 1-3 may be replaced by Rock Action or/and by 2 steps taken slightly Fwd.

Steps 1-3 may be used as an alternative to the Rock Action



3.5.31 MIAMI SPECIAL

Start: LF bwd (Open Opp.; RH to RH Hold)

Finish: RF to side (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ

NOTE - General Action: Man and lady may dance a Ronde Chasse on Steps 6-8.

3.5.32 SHOULDER SPIN

Start: LF bwd (Open Opp.; RH to RH Hold)

Finish: RF slightly bwd (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ QQ QaQ QaQ

3.5.33 CHUGGING

Start: LF bwd (Open Opp.; RH to RH Hold)

Finish: RF diag. Fwd (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ QaQ QaQ QaQ QaQ

NOTE - General: Steps 9-14 may be repeated. Steps 1-14 only may be used. Steps 15-20 may be replaced by steps 3-8 of Overturned Fallaway Throwaway.

NOTE - General Action: Lady may substitute steps 9-14 with a series of Flick Ball Change steps with the RF.

3.5.34 A CHUGGING (ISTD)

Start: LF bwd (Open Opp.; RH to RH Hold)

Finish: RF to side (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ QaQ QaQ QaQ QaQ

NOTE - General: Steps 9-14 may be repeated.

NOTE - Lead/Hold/Shaping: may be danced with double hold, releasing the hold on step 17



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3.5.35 CATAPULT

Start: LF bwd (Open Opp.; RH to RH Hold)

Finish: RF diag.fwd. (Open Opp.; LH to RH Hold)

Timing: QQ QaQ QaQ QQ QaQ QaQ

3.5.36 BALL CHANGE

Start: LF pointed diag. fwd w/o wt (Open Opp.; LH to RH Hold)

Finish: RF in place (Open Opp.; LH to RH Hold)

Timing: QaQ

NOTE - General Action: When the LF is kicked (jumping action of the standing leg) it is called **KICK BALL CHANGE**. When the LF is flicked (no jumping action) it is called **FLICK BALL CHANGE**. When the position is held on the step 1 it is called **BREAK BALL CHANGE**

3.5.37 STALKING WALKS, FLICKS AND BREAK (ISTD)

Start: LF bwd (Open Opp.; LH to RH and RH to LH hold)

Finish: Weight on RF (Open Prom; LH to RH and RH to LH Hold)

Timing: QQQQ QQQQ QQQQ QQQQ Q(Q Q)aQ